



CCRH News Letter

A View of Review Meeting Conducted by Shri Sarbananda Sonowal, Hon'ble Cabinet Minister, Ministry of Ayush & Ministry of Ports, Shipping and Waterways at his Residence, Guwahati



A View of Capacity Building Webinar Series on "Data Modeling with Power BI"

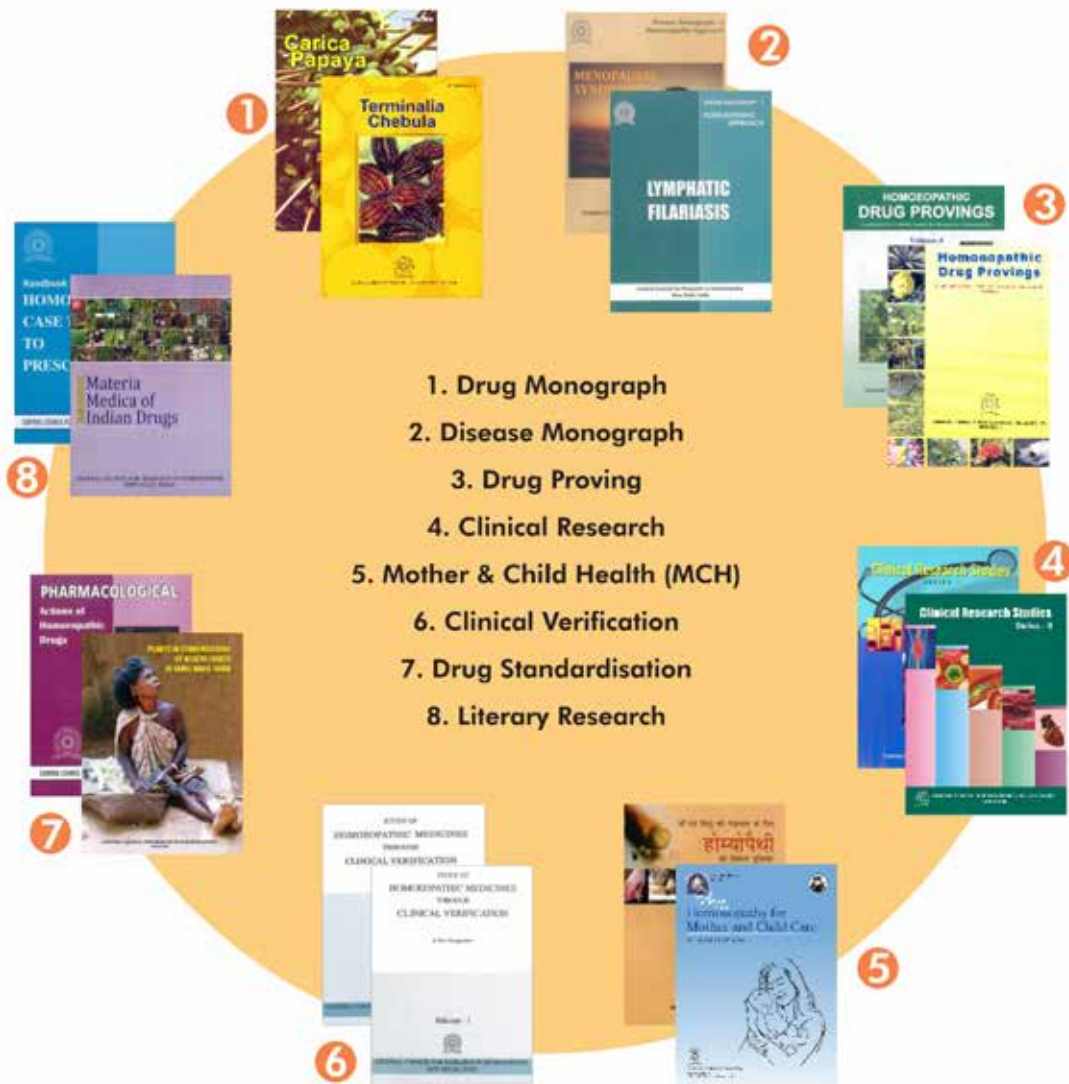
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Homoeopathic Research Work of the Council

An ensemble of valuable and quality publications



1. Drug Monograph
2. Disease Monograph
3. Drug Proving
4. Clinical Research
5. Mother & Child Health (MCH)
6. Clinical Verification
7. Drug Standardisation
8. Literary Research

Note:

- For dispatch of books, readers are requested to send their requirement (List of books only) first.
- The cost of postage (by speed post) and books payable shall be intimated by the Council.
- The readers are to send the payment by Demand Draft in favour of Director General, CCRH, payable at New Delhi.
- Weight of the books is mentioned for convenience of readers to get the speed post charges calculated.
- Books will be dispatched after receipt of Demand Draft.

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CENTRAL COUNCIL FOR RESEARCH IN HOMOEOPATHY

Ministry of Ayush, Govt. of India

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From the Director General's Desk

The Council organized a two-day meeting was held to review the documents drafted for the inclusion of AB-PMJAY-Homoeopathy packages from 10th July to 11th July 2023 drafting of the standard treatment protocol for the clinical conditions through Homoeopathic medical colleges attached to the teaching hospitals, and national institutes and research centers under the Council in coordination with National Commission for Homoeopathy, New Delhi.

Hindi Pakhwada was organized as per the direction of the Department of Official Language, Ministry of Home Affairs from 14th September 2023 to 29th September 2023 at CCRH, Headquarters, New Delhi and in all the institutes and units under the Council in the month of September 2023 including Hindi Day.

Shri Jaideep Kumar Mishra, Additional Secretary and Financial Advisor, Ministry of Health and Family Welfare, Ministry of Ayush, GoI, visited the Central Research Institute of Homoeopathy, Jaipur on 13th September 2023.

A report on the training programs / online training programs / webinar training programs organized by the Council is included. Readers can witness the details on the participation of the Council's employees in Seminars / Conference / Symposiums / Webinars / Training Programs / CMEs / Workshops during these period and various events organized by the Council in its centers across the country is a part of this issue.

Dr. Subhash Kaushik
Director General

July-September, 2023

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IMPORTANT MEETINGS

Two-day Meeting on Review of the Documents for Homoeopathic Insurance Packages to be Covered under “AB-PMJAY-Homoeopathy”

New Delhi: A two-day meeting was held to review the documents drafted for the inclusion of AB-PMJAY-Homoeopathy packages from 10th July to 11th July 2023. It was organized by the Council at Headquarters, New Delhi. The meeting was attended by the following experts from different areas of insurance: General Insurance Council; Oriental Insurance Co. Ltd., Niva bupa health insurance Co. Ltd., IFFCO TOKIO General Insurance; Care Health Insurance Co. Ltd., and Homoeopathy stream. The members were appraised of all the work undertaken till date for the development of the documents such as the identification of clinical conditions with the help of an expert group, drafting of the standard treatment protocol for the clinical conditions through Homoeopathic medical colleges attached to the teaching hospitals, and national institutes and research centers under the Council in coordination with National Commission for Homoeopathy, New Delhi. All possible avenues with respect to the formulation, introduction, applicability & acceptability of Homoeopathy packages/STPs were explored.



Meeting of the sub-committee on Homoeopathy Insurance Package, From right to left, front row:
Dr. Sashidharan Nair, Consultant, Health and Misc., Speciality Insurance, GI Council, Dr. Manjari Singh, IFFCO-TOKIO General Insurance, Dr. Ashish Dudi, Oriental Insurance Company Ltd. Dr. Sangeeta A Duggal, Advisor (Homoeopathy), Ministry of AYUSH, Dr. Roja Varanasi, RO(H)/S-3, CCRH, Hqrs., Dr. Praveen Oberai, Former Deputy Director General, CCRH, Hqrs., Dr. Subhash Kaushik, Director General of CCRH, Hqrs., Dr. Anil Khurana, Chairperson, National Commission of Homoeopathy, New Delhi., Dr. Chetna Deep Lamba, RO(H)/S-3, CCRH, Hqrs., New Delhi. Dr. Kanwal Sethi, Senior CMO, CGHS and Former Advisor (Homoeopathy), Ministry of AYUSH, New Delhi, Dr. Anoop Nigwekar, Prof. and HOD Repertory, Dr. M L Dhawale Memorial Homoeopathic Institute, Maharashtra, Dr. Navin Pawaskar, Director, JIMS Homoeopathic Medical College and Hospital, Telangana, and Dr. Ekta Gupta, SRF(H), CCRH, Hqrs.

Quarterly Hindi Review Meeting Conducted by Clinical Research Unit (H), Puducherry

Puducherry: The Quarterly Review Meeting on ‘Hindi Implementation’ was conducted by Clinical Research Unit (H), Puducherry at the institute on 17th July 2023. Dr. D. Karthikeyan, Officer in charge, presided the programme. Dr. N. Kamatchi, Asst. Director (Official Language), Hindi Cell, JIPMER, Puducherry, Dr. Lavanya, RO(S), RRI (Siddha), Puducherry, Dr. P. Madhappan, SRF(H) and Dr. J. Sivakumar, JRF(H) of CRU(H), Puducherry participated in the meeting.



Dr. D. Karthikeyan, OIC, Dr. N. Kamatchi, Asst. Director (Official Language), Hindi Cell, JIPMER, Puducherry, Dr. Lavanya, RO(S), RRI (Siddha), Puducherry, Dr. P. Madhappan, SRF(H) and Dr. J. Sivakumar, JRF(H), CRU(H), Puducherry were present during the Quarterly review meeting on ‘Hindi Implementation’ at CRU(H), Puducherry

Virtual Meeting between College of Homeopaths, Ontario (CHO) and Central Council for Research in Homoeopathy (CCRH) to Discuss Activities under MoU

New Delhi: An online meeting was held on 3rd August 2023 on Microsoft Teams platform from 08:30PM to 09:30PM IST (Canada time: 11:00AM to 12:00 PM EDT) between College of Homeopaths, Ontario (CHO) and Central Council for Research in Homoeopathy (CCRH). It was attended by Dr. Basil Ziv, Registrar, College of Homeopaths, Ontario, Dr. Bhupinder Sharma, President, College of Homeopaths, Ontario, Dr. Subhash Kaushik, Director General, Central Council for Research in Homoeopathy and Dr. Deepti Singh, RO/S-2, Coordinator of the MoU from the Council.

After initial round of greetings, discussion about activities that can be done under the Memorandum of Understanding (MoU) between College of Homeopaths, Ontario (CHO) and Central Council for Research in Homoeopathy were held. Dr. Subhash Kaushik shared the overall status including infrastructure of Homoeopathy in India, the number of Homoeopathy medical colleges, practitioners & drug manufacturing industry. He showcased how well Homoeopathy is integrated in the Indian Healthcare and is widely popular with around 3 million patients each year. Dr. Basil appreciated the status of Homoeopathy in India. He was encouraged and motivated to make effort for integration of Homoeopathy in Ontario as well. Dr. Bhupinder Sharma thanked Dr. Subhash Kaushik for his cooperation and fruitful discussion.



A view of virtual meeting between College of Homeopaths, Ontario (CHO) and Central Council for Research in Homoeopathy (CCRH) to discuss activities under MoU

Regional Review Meeting Conducted under National Ayush Mission (NAM) at Guwahati, Assam

Guwahati: Regional review meeting of North Eastern states and West Bengal was conducted under National Ayush Mission (NAM) at Guwahati, Assam at Taj Vivanta on 25th August 2023. Welcome address was given by Padma Shri Vd. Rajesh Kotecha, Secretary (Ayush), Government of India followed by speech by Dr. Munjpara Mahendrabhai Kalubhai, Hon'ble Minister of State for Ayush and Women & Child Development, Govt. of India & address by Shri Sarbananda Sonowal, Hon'ble Union Minister of Ayush and Ports, Shipping & Waterways. Dr. Himanta Biswa Sarma, Hon'ble Chief Minister of Assam also gave his remarks about the program.

Inaugural session was followed by Presentation by Secretary (H&FW), and Hon'ble Health Ministers of various North Eastern States and West Bengal. In the post lunch session, a review meeting was conducted under the chairmanship of Dr. Munjpara Mahendrabhai Kalubhai, in which Officer in-charges and Directors of Research Councils and Other Ayush institutions presented the status of various activities conducted at their respective institutions. After the conclusion of meeting, field visit was made by Dr. Munjpara Mahendrabhai Kalubhai and Health ministers of various North-eastern institutes to Regional Research Institute of Homoeopathy, Guwahati and CARI. Program ended by felicitation of dignitaries with a homoeopathic kit.



A view of Regional Review Meeting Conducted under National Ayush Mission (NAM) at Guwahati, Assam

1st Meeting of Institutional Ethical Committee of Regional Research Institute (H), Puri

Puri: The 1st meeting of Institutional Ethical Committee (IEC) of Regional Research Institute (H), Puri was held on 28th August 2023 in the Conference Hall of the institute with chairmanship of Prof. (Dr.) Niranjan Mohanty. The other members of the IEC present were Dr. Prakash Kumar Sahoo, Scientist-D, ICMR-RMRC, Bhubaneswar – Member (present virtually), Dr. Manorama Satpathy, MBBS – Member, Mr. Balakrushna Mohapatra, Advocate – Member, Mr. Badri Mishra, Social Worker – Member, Mr. Jagannath Bastia, Journalist – Member, Dr. P. K. Pradhan, RO(H), OIC-RRI (H), Puri, Dr. A. K. Prusty, RO (H), Dr. Sujata Choudhury, RO(H), Member Secretary.



A view of 1st IEC meeting of RRI (H), Puri

A Review Meeting Conducted by Shri Sarbananda Sonowal, Hon'ble Cabinet Minister, Ministry of Ayush & Ministry of Ports, Shipping and Waterways at his Residence

Guwahati: A joint review meeting was conducted by Shri Sarbananda Sonowal, Hon'ble Cabinet Minister, Ministry of Ayush & Ministry of Ports, Shipping and Waterways with the officials of Central Ayurveda Research Institute (CARI), Guwahati, RRI(H), Guwahati and Inland waterways Guwahati to review the activities of the respective institutes on 1st September 2023 at his official residence.

During the meeting, Hon'ble Minister directed both CARI and RRI(H), Guwahati to plan an integrated Ayush Awareness program covering all parts of Assam especially Sibsagar, Golaghat, Jorhat, Tezpur, Biswanath Chariali, Dhemaji, Lakhimpur, Majuli, Tinsukia at the earliest to reach out to maximum number of population in Assam highlighting the best practices of Ayush, successful research stories, career opportunities in Ayush for Youth along with free health camp and awareness lectures.

The meeting concluded with the presentation of Homoeopathic remedy kit to the Hon'ble Minister by the Officer in charge of Guwahati, Dr. Amulya Ratna Sahoo.

Subsequently, a follow-up meeting was conducted by the Addl. PS to Hon'ble Minister, Shri Kuldip Gayan on 7th September 2023 at CARI, Guwahati to plan and discuss the Integrated Ayush Awareness program with the officials of RRI(H), Guwahati and CARI. In the meeting, tentative locations, dates and agenda have been discussed.



Discussion on integrated Ayush Awareness program covering all parts of Assam

IMPORTANT VISITS

Inspection on Use of Rajbhasha Hindi in the Official and Technical Works of Regional Research Institute (H), Puri

Puri: Inspection on use of Rajbhasha Hindi in the official and technical works of Regional Research Institute (H), Puri was done by Smt. Meenakshi Bhatia, Hindi Liaison Officer along with Mr. Vikash, LDC, CCRH, New Delhi from 18th July 2023 to 19th July 2023.



A view of Hindi Inspection of RRI (H), Puri

Visit of Shri Jaideep Kumar Mishra, Additional Secretary and Financial Advisor, Ministry of Health and Family Welfare, Ministry of Ayush, GoI to Central Research Institute of Homoeopathy, Jaipur

Jaipur: Shri Jaideep Kumar Mishra, Additional Secretary and Financial Advisor, Ministry of Health and Family Welfare, Ministry of Ayush, GoI, visited the Central Research Institute of Homoeopathy, Jaipur on 13th September 2023.

Dr. Nidhi Mahajan, OIC, R.O.(H)/ S-2, Dr. Ashish Mahajan, R.O.(H)/S-2 and all the staff gave a warm welcome to him. He was welcomed and honoured by presenting a bouquet and a shawl. He took the round of OPD block including registration counter, pharmacy, and sample collection room on ground floor at first instance. He also visited the seminar room, biochemistry & haematology lab on the first floor; followed by IPD infrastructure on 2nd floor and administration wing on the 3rd floor and subsequently, he was briefed about the status of ongoing projects of Drug Proving, Clinical Research studies on Tinea, IGD and PTSD and the previously concluded studies. He was informed about the common dermatological diseases prevalent in Rajasthan. He was also briefed about the

vision and mission of the Institute to develop it as a Centre of Excellence for Dermatology. He was apprised that the CRI(H), Jaipur has received the NABH Ayush entry level certification in July 2023.



A view of Visit of Shri Jaideep Kumar Mishra, Additional Secretary and Financial Advisor, Ministry of Health and Family Welfare, Ministry of Ayush, GoI to Central Research Institute of Homoeopathy, Jaipur

Quarterly Hindi Meeting of CCRH

New Delhi: The July–September 2023 meeting of the Implementation Committee on the work done in Hindi in the last quarter was organized by the Council on 29th September 2023 at the Council Headquarters, New Delhi. It was held under the chairmanship of Dr. Subhash Kaushik, Director General, CCRH. In the meeting Dr. Sunil S. Ramteke, Deputy Director General, CCRH and Shri Sudhir Kumar, Assistant Director (Admin.), CCRH along with all the section heads of the Council participated in the meeting and discussed in depth the work done in the last quarter. Hindi Liaison Officer, Mrs. Meenakshi Bhatia also motivated everyone to make maximum use of Hindi language in their respective areas of work. Hindi Section Staff, the Hindi Assistants Mr. Vikas Kumar,, Mr. Himanshu, and Mrs. Deepshikha Verma were also present in the meeting. Following action points were decided: - Most of the publications published by the Council should be originally in Hindi. Individual orders should be issued to officers/employees having proficiency in Hindi to do all their official work in Hindi. The minutes/agenda of all the meetings held at the Council Headquarters should be compulsorily issued in bilingual form. Officers/employees who are facing difficulty in working in Hindi should be provided online training. Noting on files should be 100% in Hindi and titles of files should be in bilingual form.

WORKSHOPS/ SEMINARS/ CAMPS/ CAMPAIGNS/TRAINING PROGRAMMES/CMES/ WEBINARS ORGANISED

Celebration of Azadi Ka Amrit Mahotsav 2.0 at Clinical Research Unit (H), Puducherry

Puducherry: Azadi Ka Amrit Mahotsav 2.0 was celebrated by Clinical Research Unit (H), Puducherry from May 2023 to 15th August 2023 at the institute. An awareness lecture on ‘Role of Ayush in management of Mental Health and Stress Management’ was given to the public, OPD patients and bystanders at the institute and at SCSP camp OPD located at Pitchaveeranpet, Sakthi Nagar and Sathya Nagar of Puducherry. A total of 14 awareness lectures were given and around 300 people were benefitted.



Dr. D. Karthikeyan, OIC/R.O.(H)/ S-2, giving awareness lectures to the public, OPD patients and bystanders at CRU(H), Puducherry

WISS (Weekly In-house Seminar Series) Organised by Regional Research Institute for Homoeopathy, Siliguri

Siliguri: 13th Edition of 'WISS' (Weekly In-house Seminar Series) was organised on hybrid mode by Regional Research Institute for Homoeopathy, Siliguri on 1st July 2023 at the institute. Dr. Patranu Parui, JRF(H) gave a presentation on "Observational Study". All the officers and staff of the institute actively participated. On 5th August 2023, 14th edition (Episode-1) of weekly in-house Seminar Series was organised by the institute in hybrid mode. Dr. Ranjit Sonny, RO(H)/S-2 gave a presentation on "Keynotes in Homoeopathy". Details about introduction of Keynote symptoms in Homoeopathy and its importance were discussed. Dr. Gurudev Choubey, Officer Incharge, hosted the Seminar and shared his understanding on Keynotes symptoms. Dr. Baidurjya Bhattacharjee, RO(H)/S-1 highlighted the acceptance of Keynotes by Kolkata practitioners. Dr. K. M. Das, Principal, NEHMCH, Itanagar shared his experience on it. All the SRFs and JRFs actively participated.



A view of Weekly In-house Seminar Series at Regional Research Institute for Homoeopathy, Siliguri

Awareness Seminars on "Importance and Benefits of Millets" Conducted by Homoeopathy Research Institute for Disabilities, Chennai

Chennai: Homoeopathy Research Institute for Disabilities, Chennai conducted an awareness seminar on "Importance and benefits of Millets" for Interns of NIEPMD, Chennai on 11th July 2023 at the institute as a part of the international year of millets 2023. Dr. Ann Marcina, SRF(H), explained the importance, consumption benefits and easy availability of millets. The interns of NIEPMD, Chennai, were encouraged to create new recipes with the millets. Total Participants were 25.



Dr. Ann Marcina, SRF(H) explaining about benefits and importance of Millets in the awareness seminar on "Importance and benefits of Millets"

On 22nd August 2023 another seminar was organized by the institute for the staff and interns of HRID, Chennai at the institute. Dr. Ann Marcina, SRF(H) explained the importance of taking millet as an alternative food and including millet as a part of the regular diet so the lifestyle on food consumption will be modified. The benefits of Millet were also explained to the Staff and patients of HRID, Chennai. All were encouraged to use Millets in their food. Total Participants were 30.

Millet Food Preparation Competition Conducted by Homoeopathy Research Institute for Disabilities, Chennai

Chennai: On 13th July 2023, as a part of the International Year of Millets 2023, the Homoeopathy Research Institute for Disabilities, Chennai, conducted Millet food preparation competition at the institute. Dr. Nachiketa Rout, Director, NIEPMD, Dr. Vijayalaxmi J, Senior Medical Consultant, Ms. Anandha Lakshmi, Clinical Psychologist, Mrs. Gowri, Clinical Psychologist, and staff of HRID, Chennai, staff of NIEPMD and Patients presented the Display of various food items prepared from Millets. The winners were as follows: First Prize: Dr. K. Amritha, SHMC – Kuthiraivali Pongal, Second Prize: Dr. Yuvarani, JRF(H) – Raagi Sweet Addirasam, Third Prize: Dr. N. Safiya Safana Minas, VHMC – Barnyard Payasam, Consolation Prize: Mr. Ashwath Bhardwaj, DEO – 4 Millet Ice Cream with Pista flavor. Total number of Recipes were 13.



A view of Dr. Vijayalaxmi, Senior Medical Consultant, and other staff of NIEPMD, visiting "Millet food preparation competition- different recipes" at HRID, Chennai

Workshop on Orientation Cum Training on Council's Drug Proving Research Protocol and HPT Portal at ANSS HMC & H, Kottayam

Kottayam: National Homoeopathy Research Institute for Mental Health (NHRIMH), Kottayam is one of the institutes of the Council where Drug Proving Research project has been going in association with ANSS Homoeopathic Medical College and Hospital (ANSS HMC&H), Kottayam since 2007. However, from 2020-2022, the project could not be conducted due to the outbreak of COVID-19 pandemic wherein Kerala was worst hit. The Council has recently developed the HPT portal for capturing the proving data. In lieu of the gap in continuation of the project and innovations done, Dr. Pritha Mehra, RO (H)/S-3, Coordinator for the Drug Proving Research Programme of the Council was deputed for conducting onsite monitoring of the project and Orientation cum training of CCRH Drug Proving Protocol in the college on 13th July 2023.

On 13th July 2023, Dr. Mehra visited NHRIMH, Kottayam and reviewed the records related to Drug Proving Research Project. In the afternoon, the team of CCRH, including the Coordinator of Drug Proving, Dr. K. K. Saveria, Proving Master and Dr. Archana, SRF (H) engaged in the project visited ANSS HMC & H, Kottayam and met Dr. Bindu Kumari C., the Principal of the college. A meeting with the Drug Proving Committee members was held in the principal's room. A fruitful discussion was held wherein briefings were given about the diet & regimen to be followed by the provers, understanding the changes in the physiological functioning and changes thereof, recording of the symptoms in the HPT portal. After this, an orientation-cum-training program on Drug Proving Research Protocol of the Council and HPT portal was organized in the Seminar Hall of the college.

Dr. Ram Jyothis, Proving Associate and faculty of the college introduced Dr. Mehra to address a gathering of around 150 students from 2nd year to 4th year. During the session, she made the participants revisit the Organon of Medicine in which Dr. Hahnemann has given directions in relation to drug proving. In continuation of the session, the Drug Proving protocol, the procedure and its benefits for students were deliberated. The information about the Homoeopathic Pathogenetic trial portal developed by the Council was shared and the steps to be followed to use the portal by the volunteers/provers were informed.

The Proving Associate informed that the college has been participating in the research project for almost 15 years and assured that this association will continue, and sincere efforts shall be made to provide the best outcome.



Views of Workshop on Orientation Cum Training on Council's Drug Proving Protocol and HPT Portal at NHRIMH, Kottayam

Training Program on Hand Hygiene Organised by Clinical Research Unit (H), Puducherry

Puducherry: As a part of NABH implementation in the Unit, 'Hand Hygiene Training Program' was organised by Clinical Research Unit (H), Puducherry at the institute for the staff on 25th July 2023. Dr. D. Karthikeyan, OIC, RO(H),S-2 presented the program by giving a demonstration on "Your 5 Moments for Hand Hygiene approach"; Dr. P. Mathappan, SRF(H), demonstrated "How to Hand Rub" and Dr. Sivakumar, JRF(H), spoken on "How to Hand Wash". Dr. Dharshini, JRF(H), practically demonstrated "How to Hand Wash". All the staff of CRU(H), Puducherry enthusiastically participated in the program.



Dr. D. Karthikeyan, OIC, RO(H), S-2 presiding the program giving demonstration on "Your 5 Moments for Hand Hygiene Approach"

NABL accreditation training program organized by Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida

Noida: Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida organized a four-day training program for laboratory staff about the quality required in NABL accreditation from 7th to 10th August 2023 at the institute. The theme of the training was "Laboratory Quality Management System & Internal Audit".

It was inaugurated by Dr. Subhash Kaushik, Director General, CCRH. Apart from this, Dr. Ravi Sadarla, Officer In-charge, DDPRCRI(H), Noida, Dr. Padmalaya Rath, Hospital In charge, Dr. Chetna Deep Lamba, Nodal Officer & Dr. Satvinder Singh, Coordinator were also present during the program. A total of 26 Research Officers and Laboratory Staff/Technicians from different Institutes/ Units of CCRH were trained in this program.

Dr. Sucheta Banerjee Kurundkar, Director Training, Clinical Development Services Agency (CDSA), under Translational Health Science and Technology Institute (THSTI), Department of Biotechnology, Ministry of Science & Technology, Government of India & Dr. Juhee Chandra, (Lead and technical assessor at National Accreditation Board for Testing & Calibration Laboratories) were the faculty members for this Training. The training methodology was interactive as the trainers ensured that the knowledge was not only disseminated but accurately perceived and understood by the participants. To ensure this, trainers engaged participants in discussions and kept the forum open for feedback, queries and suggestions. These discussions and interactive sessions were supported through training material such as tests, exercises, power point presentations and group activities.



A view of NABL accreditation training program at Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida

Training Programme on “Medical Laboratories Quality Management System & Internal Audit as per IS/ISO 15189:2022”

Noida: In order to improve quality and get NABL accreditation of medical laboratories of Central Council for Research in Homoeopathy, a four days training program on, “Medical Laboratory Quality Management System & Internal Audit as per IS/ISO 15189:2022” was conducted at Dr. D. P. Rastogi Central Research Institute for Homoeopathy, Noida from 7th August to 10th August, 2023. Dr. R. K. Sardala, Officer Incharge, welcomed the Chief Guest, Dr. Subhash Kaushik, Director General, CCRH, faculty and all the participants. The training program was inaugurated with lamp lighting and address to the gathering by Chief Guest. A total of twenty-six Research Officers and Laboratory Staff/Technicians from different Institutes/ Units of CCRH were trained in this Programme.

Dr. Sucheta Banerjee Kurundkar, Director Training, Clinical Development Services Agency (CDSA), under Translational Health Science and Technology Institute (THSTI), Department of Biotechnology, Ministry of Science & Technology, Government of India & Dr. Juhee Chandra, (Lead and Technical Assessor at National Accreditation Board for Testing & Calibration Laboratories) were the Faculty for the Training.

Training started with Medical Laboratories Requirements for Quality and Competence as per IS/ISO 15189: 2022 Version. All the points of 15189:2022 document (Scope, Normative References, Terms and definitions, General Requirements, Structural and governance requirements, Resource requirements, Process Requirements and Management System Requirements) were discussed in detail. Trainers ensured that the knowledge was not only disseminated but accurately perceived and understood by the participants, and therefore, the training methodology was interactive. Further to ensure, trainers engaged participants in discussions and kept the forum open for feedback, queries and suggestions. These discussions and interactive sessions were supported through training material such as tests exercises, powerpoint presentations and group activities.

Homoeopathy Research Institute for Disabilities, Chennai Organised a Training Program on “Patients’ Rights and Responsibilities”

Chennai: On 11th August 2023, as a part of the NABH Accreditation process, the Homoeopathy Research Institute for Disabilities, Chennai, conducted a training program on “Patients’ Rights and Responsibilities” at the institute. Dr. Siva Prasad Goli, RO(H)/S2, and Dr. Brunda, JRF(H), gave a lecture on training program on “Patients’ Rights and Responsibilities” for General OPD Patients as well as Disability or Mentally ill Patients of the institute. Total Participants were 25.



Dr. Siva Prasad Goli, RO(H)/S2, and Dr. Brunda, JRF(H), giving a training program on "Patients' Rights and Responsibilities" for the staff of HRID, Chennai, at HRID, Chennai

An Awareness Program Organized by Homoeopathy Research Institute for Disabilities, Chennai Through the Display of 7 Varieties of Millets in their Original Form

Chennai: On 17th August 2023, as a part of the International Year of Millets 2023, the Homoeopathy Research Institute for Disabilities, Chennai, organized an awareness program through the display of 7 varieties of Millets in their original form at the institute, for the patients, students, staff of HRID and NIEPMD, Chennai. Dr. Ann Marcina, SRF(H), coordinated the event and created awareness among the visitors. Total number of Millets Displayed was 07. These were Barnyard millet, Pearl Millet, Finger Millet, Little Millet, Foxtail Millet, Sorghum Millet and Kodo Millet. Total Participants were 55.



Students, Patients, Staff of HRID, Chennai and NIEPMD, Chennai visiting "Millet Display in their original form" at HRID, Chennai

Awareness Programs on the Provisions of Public Interest Disclosure & Protection of Informer Resolution, 2004 (PIDPI Resolution, 2004) Conducted by Homoeopathy Research Institute for Disabilities, Chennai

Chennai: Awareness Programs on the Provisions of Public Interest Disclosure & Protection of Informer Resolution, 2004 (PIDPI Resolution, 2004) were Conducted by Homoeopathy Research Institute for Disabilities, Chennai at the institute on 22nd August 2023 and 21st September 2023.

On 22nd August 2023 Dr. Yuvarani, JRF(H) and Dr. Siva Prasad Goli, RO(H)/S-2, OIC, explained the provisions of PIDPI resolution (Public Interest Disclosure & Protection of Informer Resolution, 2004) and the correct procedure for filling PIDPI complaints and common pitfalls/mistakes made while filing PIDPI complaints. On 21st September 2023 Dr. Yuvarani, JRF(H) explained the provisions of PIDPI resolution (Public Interest Disclosure & Protection of Informer Resolution, 2004) and about the safety in giving complaints. Total Participants were 25.



Dr. Siva Prasad Goli, RO(H)/S-2, OIC, and Dr. Yuvarni, JRF (H), HRID, Chennai, giving a talk on PIDPI Resolution for the staff and patients of HRID, Chennai

'Training Cum Orientation Program for Drug Proving Research and Awareness about the HPT Portal of CCRH' at SJN Homoeopathic Medical College and Hospital (SJN HMC&H), Guwahati

Guwahati: Regional Research Institute for Homoeopathy, Guwahati is one of the institutes of the Council where Drug Proving Research project has been initiated in 2021-22 in association with SJN Homoeopathic Medical College and Hospital (SJN HMC&H), Guwahati. Though Drug Proving Research trials on two drugs were started in 2022-23, recently two of the state government Homoeopathic Medical colleges were amalgamated with SJN HMC&H, Guwahati. Further, the Council has recently developed the HPT portal for capturing the proving data. In order to bring awareness about the research project and innovations done in this project, Dr. Sunil S. Ramteke, Deputy Director General, CCRH and Dr. Pritha Mehra, RO(H)/S-3, Coordinator for the Drug Proving Research Programme of the Council were deputed for conducting Orientation cum training of CCRH Drug Proving Protocol and HPT portal for the students and faculty of the college on 31st August 2023 and onsite monitoring of the project at RRI(H), Guwahati on 1st September 2023.

Dr. Amulya Ratna Sahoo, Officer I/c, RRI (H), Guwahati being the Proving Master circulated the KABP questionnaire related to Drug Proving in Google form among the students at the college for pre-orientation assessment and it was filled by 260 candidates. On 31st August 2023, the program was organized at Shilpgram, Panjabari, Guwahati and there was a gathering of around 240 students and faculty of the college.

The program started with a formal inaugural function with the 'Welcome address' given by Dr. Amulya Ratna Sahoo. Dr. Narayan Debnath, Vice Principal, SJN HMC&H, Guwahati in his speech expressed pleasure that the Council has taken initiative to inculcate research aptitude in the students by conducting Drug Proving trials. However, he urged the CCRH authorities to further guide them for taking up more research projects in collaboration. Dr. Sunil S. Ramteke, Deputy Director General in his 'Inaugural address' briefed about the activities of the Council and emphasized on the importance of drug proving. He appreciated the efforts made by the college and interest shown in taking up more research projects. He wished all success for this one-day training cum orientation program. As a ritual, this was followed by lighting of the lamp and paying floral tribute to Dr. Hahnemann. Dr. Liyi Karso, RO (H)/S- 2, presented the Vote of thanks.

In the first technical session, Dr. Pritha Mehra in the presentation on 'Historical perspective and development of Drug Proving Process' made the participants revisit the Organon of Medicine in which Dr. Hahnemann has given directions in relation to drug proving, briefly gave an overview of the methodology of Drug Proving considered by various stalwarts and the evolution of Drug Proving Protocol of the Council over the years. This was followed by the presentation of Dr. Sahoo wherein he very emphatically exhibited the importance and advantages of Drug Proving. In the post-lunch, second technical session, Dr. Mehra explained about the Drug Proving Research Protocol of the Council and introduced the HPT portal and explained its functioning and utility. There was an interactive session after all the presentations in which queries were answered by Dr. Ramteke, Dr. Sahoo and Dr. Mehra. The most exciting part of the whole program was the quiz based on the presentations made by the speakers. The students who answered the quiz questions correctly, received a prize as a token of encouragement. A meeting with the Drug Proving Committee members was held after this training cum orientation program. The Committee was made aware of its roles and responsibilities and information about the financial implications and was assured about the support from the Council. The Vice Principal assured that he will motivate the students, faculty and also the staff to participate in the Drug Proving Research Trials. This program was indeed successful as the number of registrations in the HPT portal were increased by a count of 09 by next day morning. It is expected that the next two batches for conducting the trial shall commence soon.



A view of 'Training Cum Orientation Program for Drug Proving Research and Awareness about the HPT Portal of CCRH'

Drug Proving Training Cum Orientation Programme and Awareness about the HPT Portal Conducted by Regional Research Institute for Homoeopathy, Guwahati

Guwahati: One-day Training cum Orientation programme and awareness about the HPT portal for Teachers and students of SJNHMC & Hospital was conducted by Regional Research Institute for Homoeopathy, Guwahati on 31st August 2023 at Shilpgram, Panjabari, Guwahati.

The program was formally inaugurated by the Chief Guest, Dr. Sunil S. Ramteke, DDG, CCRH, in presence of Dr. Pritha Mehra, RO (H)/S-3, Coordinator of Drug Proving, Dr. Narayan Debnath, Vice Principal, SJNHMC & Hospital, Dr. Amulya Ratna Sahoo, RO (H)/S-3, Proving Master of Drug Proving and Dr. Liyi Karso, RO(H)/S-2. After welcoming the guests to the dais, the felicitation ceremony took place followed by the lighting of lamps by our guests and garlanding of Master Hahnemann's photo.



A view of inauguration ceremony of Drug Proving Training Cum Orientation Programme and Awareness about the HPT Portal

In the first technical session, Dr. Pritha Mehra, RO (H)/S-3, gave insight into the Historical perspective and development of Drug Proving Process and Drug Proving Research Protocol. In the second technical session, Dr. Amulya Ratna Sahoo, RO (H)/S-3, Proving Master, commented on the Importance and advantages of Drug Proving. Dr. Mehra, remarked about the Introduction and Utility of HPT portal of CCRH and encouraged the students to make the program successful. After that, an Interaction and Question/Answer session was followed by Quiz and prize distribution to the winners. The program was attended by 216 participants. Online pre and post-test assessments were completed for all who attended.

Awareness Program on the Importance of Breastfeeding and Complementary Feeding for Beneficiaries of Anganwadi at Homoeopathy Research Institute for Disabilities, Chennai

Chennai: On 8th September 2023, an awareness program on "Importance of Breastfeeding And Complementary Feeding", for the parents at Anganwadi, Kelambakkam, Chennai, was organised by Homoeopathy Research Institute for Disabilities, Chennai, as a part of Rashtriya Poshan Maah 2023 celebrations at the institute. Dr. Ad Mohiddeen, JRF(H) and Dr. Yuvarani, JRF(H), explained about importance of breastfeeding and complementary feeding to the beneficiaries (Mothers) of Kelambakkam Anganwadi for the growth and development of their children. The parents of the Anganwadi children actively interacted and participated in the session. Total participants were 30.



A view of awareness program on "Importance of Breastfeeding And Complementary Feeding" at HRID, Chennai

Homoeopathy Research Institute for Disabilities, Chennai Conducted Plantation Drive and an Awareness Programme Focusing on Medicinal Plants and Promoting the Poshan Vatika

Chennai: On 13th September 2023, the staff of Homoeopathy Research Institute for Disabilities, Chennai conducted the Plantation drive and an awareness programme focusing on medicinal plants and promoting the poshan vatika as a part of Rashtriya Poshan Maah 2023 Celebrations. Dr. Siva Prasad Goli, RO(H)/S2, the officer in charge, handed over the medicinal and indoor plants to the staff of HRID, Chennai, to place in their respective rooms, and explained the importance of plantation and Poshan vatika to the staff and patients of HRID, Chennai. A total of 20 Medicinal and indoor plants were placed in the 4 rooms of HRID, Chennai under this plantation drive. Total Participants were 35.



A view of Plantation drive and an awareness programme focusing on medicinal plants and promoting the poshan vatika at HRID, Chennai

Homoeopathy Research Institute for Disabilities, Chennai Organized a Millet Awareness Posters Competition

Chennai: On 18th September 2023, as a part of the international year of millets 2023, the Homoeopathy Research Institute for Disabilities, Chennai organized a Millet Awareness Posters Competition for the interns and staff of HRID, Chennai at the institute. Dr. Ann Marcina, SRF (H), coordinated the event. All the posters were displayed at the campus to create awareness to the visitors. Winners were as follows: 1st prize- Dr. Safiya Safana Minas, Intern, VHMC; 2nd prize- Dr. Malini Velmurugan, Intern, VHMC & Dr. Swetha. S, Intern, SSHMC; 3rd prize- Dr. Bhuvaneshwari. S, Intern, VHMC. Total number of people who participated in the competition were 11. Total number of Participants were 50.



Views of Millet Awareness Posters Competition at HRID, Chennai

Homoeopathy Research Institute for Disabilities, Chennai Conducted a Webinar on "Rashtriya Poshan Maah 2023"

Chennai: On 20th September 2023, as a part of the "Rashtriya Poshan Maah 2023", the Homoeopathy Research Institute for Disabilities, Chennai conducted a webinar through Google meet to the students and staff of Sivaraj Homoeopathic Medical College & Research Centre, Salem from 2.00PM to 4.00PM. The topics covered in the webinar were:

1. Role of Ayush to address Anemia by Dr. Ahamed Mohiddeen, JRF(H)
2. The Role of Traditional & Regional Nutritious Food for Health Promotion focusing on Millets by Dr. Ann Marcina, SRF(H)
3. Homoeopathy and disabilities by Dr. Siva Prasad Goli, RO(H)/S-2, OIC

The students and staff actively interacted in the sessions. A total of 75 people participated in the webinar.



A view of webinar conducted by Homoeopathy Research Institute for Disabilities, Chennai

Awareness Program on HIV/AIDS for the Students of NIEPMD, Chennai, Organized by Medical Sciences Department, NIEPMD

Chennai: On 21st September 2023, Medical Sciences Department, NIEPMD, Chennai conducted an awareness program on HIV/AIDS for the students of NIEPMD. It was inaugurated by Dr. Amaranath, DR(offg), NIEPMD, Chennai. Dr. Vignesh, Medical Officer, NIEPMD, elaborately explained about HIV/AIDS. Dr. Siva Prasad Goli, RO(H)/S2, HRID, Chennai gave a talk on Preventive measures of HIV/AIDS. Dr. AT Mohiddeen, JRF(H), conveyed about the myths and facts. A pre and post test was conducted for the participants. Total participants were 55.



Dr. Siva Prasad Goli, RO(H)/S2, giving an awareness program on HIV/AIDS for the students, NIEPMD, Chennai, which was organized by Medical Sciences Department, NIEPMD, Chennai

Yoga Awareness Program Organized by Homoeopathy Research Institute for Disabilities, Chennai

Chennai: On 25th September 2023, Homoeopathy Research Institute for Disabilities, Chennai organized a Yoga awareness program – yoga for health and practical demonstration of various asanas for Wellbeing, as a part of Rashtriya Poshan Maah 2023 celebrations. Total participants were 25.



A view of Yoga practical session conducted by HRID, Chennai

Sensitization Program on Ayush Measures for Anaemia and Promoting Ayush Lifestyle Practice for Health Promotion Organised by Homoeopathy Research Institute for Disabilities, Chennai

Chennai: On 25th September 2023, Homoeopathy Research Institute for Disabilities, Chennai has conducted sensitization program on Ayush measures for anaemia and promoting Ayush lifestyle practice for health promotion for the students, Staff and patients of HRID, Chennai at the institute as a part of Rashtriya Poshan

Maah 2023 celebrations. Dr. Siva Prasad Goli, RO(H)/S-2, OIC, and Dr. A T Mohiddeen, JRF(H), explained the topics in detail to the participants. All participants actively participate in the program. Total participants were 30.



A view of sensitization program on Ayush measures for anaemia and promoting Ayush lifestyle practice for health promotion for the students and staff of HRID, Chennai, organized by the institute

Homoeopathy Research Institute for Disabilities, Chennai Conducted a Training Program on “Hand Hygiene”

Chennai: On 25th September 2023, as a part of the NABH Accreditation process, the Homoeopathy Research Institute for Disabilities, Chennai, conducted a training program on “Hand Hygiene” at the institute. Dr. Brundha, JRF(H), and Dr. Siva Prasad Goli, RO(H)/ S-2 demonstrated practically the techniques of hand wash and hand sanitizer as per the WHO guidelines. And participants also practically demonstrated the above techniques. Total Participants were 25.



Dr. Siva Prasad Goli, RO(H)/S-2, and Dr. Brundha, JRF(H), giving a training program on “Hand Hygiene” for the staff of HRID, Chennai, at HRID, Chennai

Capacity Building Webinar Series on “Data Modeling with Power BI”

New Delhi: Central Council for Research in Homoeopathy organized a Capacity Building Webinar Series on “Data Modeling with Power BI”. The online workshop was taken by Professor Dr. Dhaval Maheta, Department of Business and Industrial Management Veer Narmad South Gujarat University, Surat, for Research Officers, Technical Officers, RA, and SRF/JRF and others from 25th to 29th September 2023.

He had earlier organized a Webinar/Online Workshop on “Data Analysis using Statecraft” for Research Officers and Junior Research Fellows of the Council, which received a positive and encouraging response from the participants. This webinar aims to build the capacity to understand Microsoft Power BI for various research-related software and provide a platform for digitally open conversations and sharing of experiences. Power BI is an interactive data visualization software product developed by Microsoft with a primary focus on business intelligence.

At the outset, Dr. Subhash Kaushik, Director General, CCRH, welcomed Dr. Maheta, Professor, Veer Narmad South Gujarat University, Surat.

The technical sessions were moderated by Dr. Deepti Singh, RO (H) /S-2, CCRH Headquarters, and were divided into various topics, which were completed in a 4-day webinar (online workshop). Starting from the basics, Dr. Maheta covers the entire topic of Data Modelling using Power BI.

On the first day of the webinar conducted by Dr. Maheta, information was given about Superstore CSV files and using them to transform data and how to learn the Power BI Transform Data step in Power BI Query Editor, Select Column, Navigate to Delete Column. Keep Rows and Delete Rows options as described under the Home tab.

On the second day of the webinar, Dr. Maheta/ he continued the topic and explained how to create a table with quantity, profit, scales. and arranging the profits in ascending and descending order to find the values.

On the third day of the webinar, Dr. Maheta/ he answered the doubts from a previous session and talked about the Power BI cross-report Drillthrough feature, through which a person can contextually link from one report to another report in the same Power BI service workspace.

On the fourth and last day of the webinar, Dr. Maheta/he described about Dashboard

preparations that are useful for monitoring, measuring, and analyzing relevant data across key areas. And using a Power BI dashboard, often called a canvas, that tells a story through visualizations.

The webinar was successful in enhancing the capacity building of all the participants with important discussions in software on data science, and artificial intelligence and the sharing of experiences and perspectives of the learned speakers. The overwhelming response of the participants encouraged the Webinar Division to organize more such webinars in future.



A view of Capacity Building Webinar Series on "Data Modeling with Power BI"

Training Cum Orientation Workshop for Drug Proving Research and Awareness about the HPT Portal of CCRH at Gujarat Homoeopathic Medical College and Hospital

Vadodara: On 26th September 2023 Training Cum Orientation Workshop for Drug Proving Research and Awareness about the HPT Portal of Council was organized at Gujarat Homoeopathic Medical College and Hospital (GHMC & H), Savli, Vadodara where Dr. Sunil S. Ramteke and Dr. Pritha Mehra went as resource persons. Dr. Tejas Seth, Principal of the college took them around the college and briefed about the various departments in the college and hospital. The Principal informed about the Drug Proving trial carried out at the college and shared the report. He further requested the Central Council for Research in Homoeopathy to look into the report and guide them for its proper execution. The Council has been engaged in 'Linking Research with education' and providing technical support for conducting Drug Proving Research Trials in the Homoeopathic Medical Colleges. Thus, for conducting Training cum Orientation workshop for Drug Proving Research Protocol and HPT portal of the Council, Dr. Sunil S. Ramteke, Deputy Director General and Dr. Pritha Mehra, Coordinator Drug Proving Research Programme, CCRH Hqrs were deputed by the competent authority.

The program started at 10.30 am with a formal inaugural function with the 'Welcome address' given by Dr. Tejas Seth followed by an 'Inaugural address' by Dr. Sunil Ramteke in which he briefed about the activities of the Council and emphasized on the importance of Drug Proving. He appreciated the efforts made by the college and the interest shown in taking up Drug Proving Research projects. He wished all success for this one-day training cum orientation program. As a ritual, this was followed by lighting of the lamp and paying floral tribute to Dr. Hahnemann. In the first technical session, Dr. Sunil Ramteke in the presentation on 'Historical perspective and development of Drug Proving Process' talked about the concept of Drug Proving in Pre-Hahnemannian era, directions of conducting Drug proving given by Dr. Hahnemann in Organon of Medicine and then post-Hahnemannian era wherein he talked about how the Stalwarts have conducted the provings. He briefly gave an overview of the evolution of Drug Proving Protocol of the Council over the years. It was followed by the presentation of Dr. Pritha Mehra wherein she explained about the Drug Proving Research Protocol of the Council and introduced the HPT portal and explained its functioning and utility. There was an interactive session after all the presentations in which queries were answered by Dr. Sunil Ramteke and Dr. Pritha Mehra. The students were very enthusiastic to learn and interact with the officials. A meeting with the faculty of the college was held after this training cum orientation program. Dr. Seth, the Principal was made aware of the steps required to initiate any

research trial. He, along with the faculty were informed to constitute an Institutional Ethics Committee and also a Drug proving Research Committee in the college. The roles and responsibilities of the Committee and support from the Council was also communicated. This program was indeed successful with participation of more than 150 students and 20 faculty of the college.



A view of Training Cum Orientation Workshop for Drug Proving Research and Awareness about the HPT Portal of CCRH

Awareness Program on Personal Hygiene for the Students and Staff of NIEPMD, Chennai, organized by Department of Special Education, NIEPMD

Chennai: On 29th September 2023, the Department of Special Education, NIEPMD, Chennai conducted an awareness program on Personal Hygiene Measures to the students and staff of NIEPMD, Chennai. The program was inaugurated by Dr. Nachiketa Rout, Director, NIEPMD, and Dr. Amaranath, DR(offg), NIEPMD, Chennai. Dr. Yuvarani, JRF(H) elaborately explained about various personal hygiene measures. Total participants were 75.



A view of Dr. Yuvarani, JRF(H), giving an awareness program on Personal Hygiene for the students, NIEPMD, Chennai

Sensitization Program on Organ Donation Organised by Clinical Research Unit (H), Puducherry

Puducherry: Sensitization program on organ donation was organised by Clinical Research Unit (H), Puducherry for the Officer and staff, which was held at the institute on 30th September 2023. Dr. D. Karthikeyan, Officer In charge, CRU(H), Puducherry spoke on the need for organ donation in India.



Dr. D. Karthikeyan, Officer In charge giving speech on need for organ donation during 'Organ donation awareness' campaign

HINDI PAKHWADA/ HINDI DIWAS/ HINDI WORKSHOPS ORGANISED

Celebration of Hindi Pakhwada at CCRH Headquarters and its Institutes and Units

New Delhi: Hindi Pakhwada was organized as per the direction of the Department of Official Language, Ministry of Home Affairs from 14th September 2023 to 29th September 2023 at CCRH, Headquarters, New Delhi. It was also organized in all the institutes and units under the Council in the month of September 2023 including Hindi Day.

On 14th September 2023, on the occasion of Hindi Diwas, the swearing-in ceremony was organized at the Council Headquarters. On this occasion, Dr. Subhash Kaushik, Director General, Shri Sudhir Kumar, Assistant Director (Administration) from the Council Headquarters inspired everyone to work in Hindi. At the inaugural session of Hindi Pakhwada, Dr. Subhash Kaushik, Director General, CCRH administered the official language oath to all the officers and employees of the Council.

A total of five competitions were organized at the headquarters to promote the use of the official language Hindi:-Situational Dialogue, Translation and Noting Drafting, Recognition of sweetness and beauty of Hindi language, Antakshari, Dictation. The closing ceremony of Hindi Pakhwada was celebrated on 29th September 2023. Dr. Subhash Kaushik, Director General, CCRH encouraged all the officers and employees to work in Hindi, and subsequently the winners of all the competitions were honored with certificates and cash prizes.

Hindi Pakhwada Organized by Regional Research Institute for Homoeopathy, Guwahati

Guwahati: Hindi Pakhwada was Organized by Regional Research Institute for Homoeopathy, Guwahati from 1st September 2023 to 14th September 2023 at the institute. During the Pakhwada, three competitions were organized to encourage all the officers and employees to use Hindi language more in their official work. Essay writing competition was organised on One Nation One Election on 6th September 2023. Antakshari competition was organized on 8th September 2023 and a debate competition was organized on Corruption Free India, Future India on 12th September 2023. Finally, it ended on 14th September 2023, in the presence of Dr. Liyi Karso, RO(H)/S-2, and along with the video message of the Director General, CCRH, all the officers and employees pledged to work as much as possible in Hindi language.



All the officers and employees present took a pledge to do as much work as possible in Hindi

Celebration of Hindi Pakhwada 2023 at Regional Research Institute for Homoeopathy, Siliguri

Siliguri: Regional Research Institute for Homoeopathy, Siliguri celebrated Hindi Pakhwada 2023 from 14th September to 28th September 2023 at the institute. Two competitions were organized during the Pakhwada, Hindi singing competition on 21st September 2023 and Hindi quiz competition on 26th September 2023. In Hindi singing competition, Dr. Sayani Ghosh, SRF(H), has secured first position, Mr. Amiya Garai, Lab Technician, has secured second position, Dr. Baidurjya Bhattacharjee, R.O.(H)/S-1 and Ms. Alka Chaudhury, Hindi Assistant has secured third position. On the other hand, in Hindi quiz competition, Dr. Baidurjya Bhattacharjee, R.O.(H)/ S-1 stood first position, Mr. Ujjal Kumar Ghosh, Office Assistant, has secured second position and Mr. Deep Mitra, Office Assistant has



A view of Celebration of Hindi Pakhwada 2023 at Regional Research Institute for Homoeopathy, Siliguri

secured third position. The closing ceremony was organized on 27th September 2023 in which Shri Vinay Mishra, Editor, Dainik Jagran was present as the chief guest. Apart from this, Dr. Victo Saha, Commandant, SSB, Siliguri, Shri CP Saroj, Principal, Sunrise School, Siliguri, were present as guests. Dr. Gurudev Choubey, Officer-in-charge and Dr. Ranjit Sonny, Research Officer and Hindi in-charge expressed gratitude to all the guests, staff and participants for successfully organizing the program. At the end, Hindi Pakhwada was concluded with the national anthem.

Celebration of Hindi Pakhwada at Central Research Institute of Homoeopathy, Jaipur

Jaipur: Hindi Pakhwada was organized by Central Research Institute of Homoeopathy, Jaipur from 14th September 2023 to 29th September 2023 at the institute. Pledge was taken to motivate others to do the regular office work in Hindi followed by organization of various competitions like essay writing, poem recitation in the seminar hall of the institute. All the staff of the institute participated in the competitions. The closing ceremony of the pakhwada took place on 29th September 2023 with provision of lunch to all the staff of CRI(H), Jaipur.



Pledge taken on Hindi Pakhwada at CRI(H), Jaipur

Celebration of Hindi Pakhwada at Regional Research Institute (H), Puri

Puri: On the occasion of Hindi Pakhwada, Hindi Divas pledge was taken by all the officers & staff of Regional Research Institute (H), Puri from 14th September 2023 to 29th September 2023. The video message by Director General, CCRH was also played on the occasion of Hindi Divas. Two Hindi competitions on Vad-vivad and Kabita Pathan were conducted among the staff of the Institute on 21st September 2023. The prize distribution and closing ceremony of the Hindi Pakhwada was conducted on 29th September 2023.



Hindi Divas pledge was taken by the officers and staff of RRI (H), Puri

Celebration of Hindi Pakhwada at Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida

Noida: Hindi Pakhwada was celebrated by Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida from 14th September to 30th September 2023 at the institute. The theme of the Hindi Pakhwada was to promote awareness of the use of Hindi language among the staff of the institute and to make it the primary language for use in official work. In order to promote the objective of Hindi Pakhwada, various awareness activities and competitions were conducted at the institute such as Hindi essay competition, Hindi debate competition, Hindi shrutlekh competition and Hindi translation competition and winners were awarded with certificates.



Celebration of Hindi Pakhwada at DDPRI(H), Noida

Celebration of 'Hindi Pakhwada' at Clinical Research Unit (H), Puducherry

Puducherry: 'Hindi Pakhwada' was celebrated at Clinical Research Unit (H), Puducherry from 14th to 30th September 2023. On 14th September 2023 "Hindi Diwas" was celebrated and employees took a pledge. On this occasion, the message video given by the Director General, CCRH was played. 'Sundar Likhawat' competition was conducted among the staff of CRU(H), Puducherry. On 29th September 2023, Hindi Fortnight/Pakhwada closing ceremony was held at the institute. Dr. D. Karthikeyan, Officer In-Charge, gave the welcome address. Chief Guest, Dr. Kamatchi, Assistant Director, Official Language Hindi, JIPMER, Puducherry gave a brief introduction on the importance of use of Hindi as Rajbhasha in office and distributed prizes to the winners of 'Sundar Likhawat' competition. Dr. Dharshini, JRF (H), gave a vote of thanks.



Dr. D. Karthikeyan, Officer-in-Charge giving welcome speech during 'Hindi pakhwada' valedictory function at CRU(H), Puducherry

Celebration of Hindi Diwas and Hindi Pakhwada at Homoeopathy Research Institute for Disabilities, Chennai

Chennai: On 14th September 2023, the staff of Homoeopathy Research Institute for Disabilities, Chennai celebrated "Hindi Diwas – 2023" at the institute. They were motivated to use Hindi as the official language. Mr. P. K. Tripathi, Asst. Stores and Purchase officer, NIEPMD, Chennai, participated as a guest for the Hindi Pakhwada 2023 inauguration. Dr. Sivaprasad Goli, Officer in Charge, RO(H)/S-2, gave the welcome speech. Mrs. Chitra Baskaran, gave a concluding speech. Total number of Participants were 25.



A view of Hindi Diwas Celebrations 2023 at HRID, Chennai



A view of "Hindi Pakhwada 2023 Concluding Day" celebration at HRID, Chennai

On 29th September 2023 the staff of Homoeopathy Research Institute for Disabilities, Chennai celebrated "Hindi Pakhwada 2023 Concluding Day" at the institute. Mr. P. K. Tripathi, Asst. Stores and Purchase officer, NIEPMD, Chennai participated as a guest for the Hindi Pakhwada 2023 concluding program and distributed prizes to the winners. He also insisted on using Hindi in routine office work. Dr. Siva Prasad Goli, Officer in Charge, RO(H)/S-2 gave the welcome speech. Mrs. Chitra Baskaran gave a concluding speech. Total number of Participants were 25.

Hindi Diwas Celebration at Clinical Verification Unit(H), Patna

Patna: Hindi Diwas was celebrated by Clinical Verification Unit(H), Patna on 14th September 2023 at the institute. The day started with the pledge taking among the staff and Officer-Incharge, Dr. K. K. Avinash. Officer In charge also shared the encouraging video by Dr. Subhash Kaushik, Director General, CCRH, promoting and using Hindi in day-to-day practice and contributing in making it as an Official language. In the evening session, all the staff gathered together to share their views on this day. On 29th of September 2023, on the occasion of the Closing

ceremony of "Hindi Pakhwada" two guests Shri Virendra Kumar Yadav, a member of Hindi Advisory Committee and Dr. Anshumala, Convenor, All India Civil Script Council, Patna Bihar were present to judge the competition and to fill up with the knowledge of Hindi language. The Unit arranged competitions among the staffs of the unit which were- Hindi poetry and Administrative words in Hindi. Regarding poetry, focus was on self-composed poem and its presentation while in the other competition, few administrative words were given and competitors were asked to write its Hindi words. Commendation certificates and prizes were distributed among the winners and 1st & 2nd Runner ups in each competition.



A glimpse of Pledge taking on occasion of Hindi Diwas at CVU(H), Patna



A glimpse of Hindi Fortnight/Pakhwada Closing Ceremony with Chief Guests- Dr. Anshumala and Shri Virendra Kumar Yadav, Member of Hindi Advisory Committee

Celebration of Hindi Diwas at Regional Research Institute for Homoeopathy, Siliguri

Siliguri: Hindi Diwas was celebrated on 14th September 2023 at the conference hall of Regional Research Institute for Homoeopathy, Siliguri. Dr. J. S. Arya, Ex-Officer In-Charge of CRU(H), Siliguri and all the Officers and staff participated in the programme.



A view of Celebration of Hindi Diwas at Regional Research Institute for Homoeopathy, Siliguri

Hindi Workshop Organized by Clinical Research Unit (H), Ranchi

Ranchi: A two-day Hindi Workshop was organized by Clinical Research Unit (H), Ranchi from 23rd August 2023 to 24th August 2023 at the institute, in which officers and employees from various units and institutes under the Council participated.

This workshop was inaugurated on 23rd August 2023 by lighting of the lamp by the Chief Guest Honorable Shri Sanjay Seth, MP, Ranchi. On this auspicious occasion, Dr. Subhash Kaushik, Director General, CCRH, Smt. Purnima Bose, Assistant Director (Official Language), Ministry of Ayush, Smt. Meenakshi Bhatia, Hindi Liaison Officer, Council Headquarters, New Delhi and Dr. Sunil Prasad, Officer-in-Charge, CRU(H), Ranchi were also present on the stage. Along with this, the Hindi magazine 'Sammed Shikhar' compiled and edited by the Hindi Section, Council Headquarters, New Delhi was also released by the chief guest. The topic of the first session of the first day of this workshop was "Official Language Background and Constitutional Provisions". This lecture was given by Dr. Suryakant Samal, Assistant Director (Official Language) Narakas Ranchi, and in the second session, lecture was given by Dr. Anjesh Kumar on the topic "Commenting and Drafting Writing". In the third session, Hindi vocabulary knowledge activity was organized by Mrs. Meenakshi Bhatia, Hindi Liaison Officer, in which all the present participants participated enthusiastically. Apart from this, a cultural program was organized in the last session of the first day to showcase the unique confluence of language and culture.

In the first session of the second day of this workshop on 24th August 2023, Dr. Sunil Prasad, Officer-in-Charge, CRU(H), Ranchi shared his views on the topic "The journey of development of Hindi, how Hindi became the

language of the heart of India". In the second and third sessions of the second day of the workshop, to make it easier for the participants to carry out their day-to-day work in Hindi, Dr. Kamal Kumar Bose spoke on "Translation: Techniques and Available Tools" and Mrs. Ankita Rani, Assistant Manager, Canara, Bank, Ranchi gave a speech on "Hindi Typing Software Structure" and enlightened everyone. In the concluding session of the workshop on 23rd August 2023, prizes were distributed to the winners.



A view of inauguration of Hindi Workshop at Clinical Research Unit (H), Ranchi

Hindi Workshop Organized by Regional Research Institute for Homoeopathy, Guwahati

Guwahati: A Hindi workshop on the subject of Official Language Rules and Practical Knowledge of Hindi was organized in the auditorium of Regional Research Institute for Homoeopathy, Guwahati on 12th September 2023. Ms. Laxmi Kumari, Hindi Sahayak/Assistant graced the workshop by inviting guests and all officers and staff were accorded a warm welcome. Thereafter, Shri Deepak Kumar, Junior Hindi Translation Officer was welcomed by Dr. Amulya Ratna Sahoo, RO (H)/S-3, Officer-in-Charge and Dr. Liyi Karso, RO(H)/S-2 welcomed the second invitee Smt. Sharmila Tai, Hindi Professor. Subsequently, the officer In charge expressed his gratitude to the guests.

The first speaker of the workshop gave a detailed account of the rules, acts and section 3(3) of the Official Language Rules. Smt. Sharmila Tai, Speaker, 2nd Session of the Workshop, gave the note in detail about Articles 343 to 351 mentioned in the Constitution and various Hindi teaching schemes being run by the Central Government. All the officers and staff of the institute participated in the workshop. At the end of the workshop, Dr. Pooja Gautam, RO(H)/S-1 and Hindi Officer concluded the workshop by presenting a memorandum of thanks to the invited guests and all the participants.



Sh. Deepak Kumar, Junior Hindi Translation Officer was welcomed with flowers and a Gamcha

PARTICIPATION IN SEMINARS/CONFERENCES/AROGYAS/HEALTH MELAS/EXHIBITIONS/SYMPOSIUMS/ WEBINARS/ TRAINING PROGRAMMES

Participation in International Conference on "Designing a Sustainable Future: Advances and Opportunities in Green Chemistry (ICGC-2023)"

Leh: International Conference on "Designing a Sustainable Future: Advances and Opportunities in Green Chemistry (ICGC-2023)" took place in Leh Campus, Taru Thang, University of Ladakh from 3rd to 5th July 2023. A lecture was delivered by Dr. Binit Kumar Dwivedi, RO/S-3 (Chemistry) describing the Importance of HPTLC fingerprint in Standardization of Homoeopathic drug Digitalis purpurea.



Dr. Binit Kumar Dwivedi, RO/S-3 (Chemistry) describing the Importance of HPTLC fingerprint in Standardization of Homoeopathic drug Digitalis purpurea

Participation in “Ayurveda Parv” at Government Dental College and Hospital, Shereen Bagh, Srinagar, Jammu and Kashmir

Srinagar: Central Council for Research in Homoeopathy participated in “17th Ayurveda Parv” held from 15th September to 17th September 2023 at Government Dental College and Hospital, Shereen Bagh, Srinagar, Jammu and Kashmir organised by All India Ayurveda Congress (AIAC). On 15th September it was inaugurated by Hon’ble Lieutenant Governor (J&K) Mr. Manoj Sinha. Padma Bhushan Vaidya Devinder Triguna, President of All India Ayurveda Congress and Padma Shri Vaidya Rajesh Kotecha, Secretary, Ayush were also present. In his address, Hon’ble Lieutenant Governor (J&K), Shri Manoj Sinha appreciated the endeavour to promote holistic principles and best practices of Ayurveda in J&K and the country.

Activities at the “Ayurveda Parv” included exhibition by Ayush Pharma Industries, stalls of the Research Councils & National Institutes under Ministry of Ayush Govt. of India and stall of National Medicinal Plant Board. There

was a facility of free consultation and free medicine dispensing by Central Council for Research in Homoeopathy. The team deputed from the Council was headed by Dr. Manas Sarangi, RO(H)/S-3, CCRH Hqrs., New Delhi which included Dr. Nitish Lal, JRF(H), DDPRCRI(H), Noida, Mr. Subhash Chand, Pharmacy Assistant, DDPRCRI(H), Noida, Mr Pankaj Kumar, Office Assistant, DDPRCRI(H), Noida. In the stall designated for Central Council for Research in Homoeopathy, the deputed team gave free homoeopathic consultation and medicines to 191 patients (86 Females, 105 Males) and also distributed IEC materials regarding homoeopathic treatment of infectious diseases and lifestyle related disorders to about 500 visitors (200



Convenor of the event Vaidya Devinder Triguna; President of All India Ayurveda Congress presenting memento to Dr. Manas Sarangi, RO/ S-3 at the closing ceremony of “Ayurveda Parv 2023”

Males, 300 Females) in order to create awareness amongst the masses. Priced publications were also put for sale. In the Valedictory session, awards and Mementos were given to the participants by Vaidya Devinder Triguna, President of All India Ayurveda Congress (AIAC). The 3-day event comprised of Exhibition, Scientific sessions conducted by Ayush stalwarts, Free medical check-up camps for general public, distribution of free medicines and display of medicinal plants.

CELEBRATION OF MERI MAATI MERA DESH CAMPAIGN

Meri Maati Mera Desh Campaign Conducted by Homoeopathy Research Institute for Disabilities, Chennai

Chennai: On 14th August 2023, as a part of the celebration of the “Meri Maati Mera Desh Campaign” under the Azadi Ka Amrit Mahotsav, all the staff of Homoeopathy Research Institute for Disabilities, Chennai, and Interns of Homoeopathy Medical Colleges, Chennai, took Pancha Pran Pledge with mitti/soil in hand, and taken selfies with the mitti/soil in hand, and uploaded in Meri Maati Mera Desh Campaign website, got their certificates of participation in Meri Maati Mera Desh Campaign. Total Participants were 25.



A view of “Meri Maati Mera Desh Campaign” under Azadi Ka Amrit Mahotsav, conducted by HRID, Chennai

Celebration of Meri Maati Mera Desh Campaign under Azadi ka Amrit Mahotsav at Central Research Institute of Homoeopathy, Jaipur

Jaipur: Meri Maati Mera Desh Campaign under Azadi ka Amrit Mahotsav was Celebrated by Central Research Institute of Homoeopathy, Jaipur at the institute on 26th August 2023. On 26th August 2023 all the staff of CRI(H), Jaipur took pledge with holding soil in their hand in the institute premises and thereafter uploaded photo of the same on www.merimaatimeradesh.gov.in and received certificate of appreciation collectively of the staff for taking part in this Programme.



A view of Meri Maati Mera Desh Campaign Celebration at Central Research Institute of Homoeopathy, Jaipur

Meri Maati Mera Desh Campaign Organised by Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida

Noida: Meri Maati Mera Desh Campaign Organised by Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida on 26th August 2023 at the institute. The Officers and staff of Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida took a pledge on Meri Maati Mera Desh under 'Azadi ka Amrit Mahotsav' on 26th August 2023. It was a tribute to the Veers and Veeranganas who have made the supreme sacrifice for the country and pledged to make India developed and self reliant by 2047, to remove any trace of colonial mindset, to celebrate our heritage, to strengthen unity and respect those who protect the country and to perform the duties of a citizen.



A view of Pledge on Meri Maati Mera Desh taken by Officers and staff of DDPRCRI(H), Noida

Meri Maati Mera Desh Campaign Organised by Clinical Verification Unit(H), Patna

Patna: Meri Maati Mera Desh Campaign was Organised by Clinical Verification Unit(H), Patna on 29th August 2023 at the unit. The pledge ceremony took place on 29th August 2023. It involves paying tribute to the "Veers" of our Country, who have made supreme sacrifice for the country. On this occasion the Officer Incharge, Dr. K. K. Avinash; Dr Vibha Kumari, RO(H) and Gopal Mistry, Office Assistant shared their views and remembered the "Veers shahid".



A view of Pledge taken on Meri Maati Mera Desh at CVU(H), Patna

CELEBRATION OF NATIONAL SPORTS DAY 2023

Celebration of National Sports Day 2023 at CCRH Headquarters and all the Institutes and Units of the Council

Ministry of Youth Affairs and Sports gave directions to all Ministries and their organisations to conduct celebration of National Sports Day from 21st August 2023 to 29th August 2023 as a tribute to the enduring legacy of Major Dhyan Chand. Central Council for Research in Homoeopathy and all the regional units/ institutes thus held many sports events in this regard, following a FIT India Fitness Pledge taken by the officers and staff of CCRH across all its centers. Pre-event promotion of the programs was done through social media. The following games were played in headquarters and institutes/units of CCRH: Badminton, Basketball, Cricket, Table Tennis, Tug of war, Carrom, Chess, Lemon Race, Spoon Race, Needle, Elbow plank challenge etc. and the winners were felicitated with certificates, trophies, etc.

New Delhi: National Sports Day was celebrated by the CCRH Headquarters, New Delhi from 21st August 2023 to 29th August 2023 at the Headquarters. The FIT India Fitness Pledge was taken by the officers and staff of the CCRH headquarters under the leadership of Dr. Subhash Kaushik, Director General, CCRH on 24th August 2023. On this occasion, the staff was also apprised on the events planned for the National Sports Day, which was celebrated in the Headquarters on 29th August 2023. The entries for participation in the sports events were invited through Google form and final participants were selected through a random draw. Pre-event promotion of the events was done through social media. Banners and standees were made to promote the sports events. Special T-shirts were printed as per the branding design given by the Ministry of Youth Affairs and Sports and distributed among all the officials and staff of CCRH to wear on the said day. The outdoor, indoor, fun activities like Badminton, Needle race, Balloon race, Tug of war, Carrom, Chess and Elbow plank challenge were the games played by the participants, and 1-2 referees were appointed for each game. The program started with an inaugural ceremony by the Director General, CCRH and the refreshments were provided to all the participants and audience. The participants played the games with full enthusiasm and fully enjoyed it. Mr. Narayan Thakur, India's 1st Gold Medalist in Para athletics of Para Asian Games, was invited through Paralympic Committee of India (PCI) to felicitate the winners of various sports team. The winners were felicitated with certificates and trophies.



A view of award giving ceremony during National Sports Day celebration at CCRH Headquarters, New Delhi

Jaipur: A National Sports Day 2023 was celebrated at Central Research Institute for Homoeopathy, Jaipur on 29th August 2023 by all the officials and staff members and Fit India Pledge was taken on the same day. Several outdoor/indoor fun activities were planned for this day.



A view of pledge taking ceremony at Central Research Institute for Homoeopathy, Jaipur

Noida: The National Sports Day 2023 was celebrated in Dr. D. P. Rastogi Central Research Institute for Homoeopathy, Noida from 21st to 29th August 2023 at the institute to foster sports engagement among the staff of the unit and to pay tribute to the eminent Indian hockey player, Major Dhyan Chand. Fit India Fitness Pledge was taken by all staff of the institute on 26th August 2023. Several outdoor/indoor activities were planned for these days.



A view of pledge taking ceremony at Dr. D. P. Rastogi Central Research Institute for Homoeopathy, Noida

Guwahati: National Sports Day was celebrated at RRI(H), Guwahati from 21st August 2023 to 29th August 2023 as a tribute to the enduring legacy of Major Dhyan Chand. All officials and staffs participated in different games and sports activities on 29th August 2023. State level Ranji players Mr. Jamir Iqbal Alom, Asst. Supervisor AG office, Guwahati and Mr. Debashish Sinha, Welfare Asst. AG office, Guwahati were invited to felicitate the winners of the various sports events. The program started with an introductory speech by OIC, Dr. Amulya Ratna Sahoo, RO(H)/S-3 on the importance of awareness of National Sports day followed by felicitation of the guest with gamusa and a trophy and speech by the guests & prize distribution to all the winners by the guests. The program concluded by vote of thanks to the guests by Dr. Liyi Karso, RO(H)/S-2.



A view of National Sports Day Celebration at RRI(H), Guwahati

Gudivada: National Sports Day 2023 was celebrated by Regional Research Institute for Homoeopathy, Gudivada at the institute. Dr. BSJ Raja Kumar, Asst. Director In-charge has divided all the staff members into 4 teams by maintaining gender equality and the teams were named with the freedom fighters as Bhagat Singh, Alluri, Vallabhai Patel & Jhansi Lakshmi. Several outdoor/indoor activities were planned for these days.



A view of pledge taking Ceremony at Regional Research Institute for Homoeopathy, Gudivada

Puri: National Sports Day 2023 was organized at RRI (H), Puri on 25th August 2023 and Fit India Pledge was taken by all the officers and staff on 29th August 2023. Two games were played, one was Tug of War, and other was Spoon and Lemon Race. All the officers & staff actively participated in these two games. Two teams were formed with the names of great freedom fighter Netaji Subhas Chandra Bose and Utkal Mani Pandit Gopobandhu Das. The Officer-in-charge of RRI (H), Puri Dr. P.K Pradhan awarded the running trophy to the concerned winning team.



A view of National Sports Day Celebration at RRI (H), Puri

Kolkata: National Sports Day 2023 was organized at Dr. Anjali Chatterjee Regional Research Institute for Homoeopathy, Kolkata from 21st August to 29th August 2023 at the institute. Weeklong celebrations of National Sports Day-2023 were celebrated in DACRRI(H), Kolkata with great pomp and enthusiasm by all the staff. Sh. G V Narasimha Kumar, RO-Pharmacology organized the events as per the directions of Dr. Arti Soren, Officer In charge, DACRRI(H), Kolkata. The events served as a platform to promote physical activity, highlight sporting achievements, and emphasize the importance of sports in maintaining a healthy lifestyle. Several outdoor/indoor activities were planned for these days.



A view of National Sports Day Celebration at Dr. Anjali Chatterjee Regional Research Institute for Homoeopathy, Kolkata

Navi Mumbai: On the occasion of National Sports Day, various sports programs were organized in the premises of Regional Research Institute for Homoeopathy, Navi Mumbai on 25th August 2023.

The National Sports Day was first inaugurated by the Fit India pledge in the office premises under the Fit India Movement, in which all the officers and employees took the Fit India pledge. The pledge was taken. After that, various sports competitions were organized.

The program was coordinated and judged by Dr. Birender Singh Rawat, RO(H)/S-3. All the officers and employees actively participated in the National Sports Day competition and made the Fit India program successful by encouraging each other.



A view of National Sports Day Celebration at Regional Research Institute for Homoeopathy, Navi Mumbai

Shimla: A Sports Day Was Organized for the Staff Members of Regional Research Institute for Homoeopathy, Shimla from 21st August to 29th August 2023. Fit India Pledge was taken on 29th August 2023 by staff members

of Regional Research Institute for Homoeopathy, Shimla to promote the significance of fitness and discussed topics such as Nutrition, Exercise Routines, and Maintaining a Healthy lifestyle. At the end, the Prize Distribution Ceremony was done, and all the winners & outstanding participants were presented with certificates and recognition, celebrating their remarkable achievements.



A view of National Sports Day Celebration at Regional Research Institute for Homoeopathy, Shimla

Puducherry: Clinical Research Unit for Homoeopathy, Puducherry celebrated National Sports Day 2023 on the theme "Sports are an enabler to an inclusive and fit society" as a part of a week-long celebration from 21st to 29th August 2023 and tribute to the eminent Indian hockey player, Major Dhyan Chand on August 28, 2023. As a part of the event, the Fit India Pledge (physical as well as E- Pledge) was taken by the Officer and staff of CRU (H), Puducherry. Various sports activities were conducted in the Unit Premises.



A view of National Sports Day Celebration at Clinical Research Unit for Homoeopathy, Puducherry

Gangtok: Clinical Research Unit (H), Gangtok celebrated National Sports Day 2023 from 21st to 29th August 2023 with full enthusiasm and active participation of the staff. The unit started the National Sports Day by taking of the "Fit India" pledge by all the staff at OPD hall. Various sports activities were conducted in the Unit Premises. The National Sports Day celebration was concluded by singing National Anthem of India.



A view of National Sports Day Celebration at Clinical Research Unit (T) for Homoeopathy, Gangtok

Tirupati: The Clinical Research Unit(H), Tirupati celebrated National Sports Day from 22nd August to 29th August 2023. As the part of National Sports Day, all the staff members of Clinical Research Unit(H), Tirupati have taken Fit India Pledge at the Unit. Also, all the staff members have taken Fit India Pledge on <https://pledge.mygov.in/fitindia/>. On the occasion of National Sports Day, the unit celebrated Indoor Games (Chess, Carroms) and Outdoor Games (Tug of War, Walking, Lemon Spoon and Needle Race) for the staff members.



A view of National Sports Day Celebration at Clinical Research Unit(H), Tirupati

Goa: Clinical Research Unit (Homoeopathy), Goa celebrated "National Sports Day 2023" by organizing 3 different sports events on 26th August 2023. The celebration commenced with a Fit India Pledge" taken by the staff of CRU(H), Goa, led by Dr. Anisha Naik and online registration by every staff member of CRU(H), Goa for the "Fit India" Pledge under the leadership of Dr. Ashish P. Shivadikar, Officer-In-charge, CRU(H), Goa. He continued with a warm welcome address and gave valuable insights into the significance of sports and living a healthy lifestyle. He also urged the participants to dedicate 30 minutes every day towards fitness as was mentioned in the pledge, and also talked about its importance in daily life. Various sports activities were conducted in the Unit Premises. The event aimed to provide an engaging platform for friendly competition.



A view of National Sports Day Celebration at Clinical Research Unit (Homoeopathy), Goa

Port Blair: Clinical Research Unit(H), Port Blair celebrated National Sports Day on 26th August 2023. As the part of National Sports Day, all the staff of Clinical Research Unit(H), Port Blair took Fit India Pledge at the Unit and played chess and carrom.



A view of National Sports Day Celebration at Clinical Research Unit(H), Port Blair

Aizawl: Clinical Research Unit (H), Aizawl observed the National Sports Day 2023 from 22nd August to 29th August 2023. On 22nd August 2023, the officials and staff members of CRU(H), Aizawl took the fitness pledge and 'FIT India app' was downloaded by each staff on their mobiles for monitoring their fitness levels regularly. Banners were also displayed in the unit premises for highlighting the event to be celebrated in its true spirit and for public display to reach maximally among citizens. The officials and staff members actively participated in the competition with full energy. Officer In charge, Dr. Uttam Singh, RO(H)/ S-I brief about the health importance of sports in our daily lives and in uniting people together.



A view of pledge taking ceremony at Clinical Research Unit (H), Aizawl

Chennai: Homoeopathy Research Institute for Disabilities, Chennai celebrated National Sports Day on 24th August 2023 by conducting various Indoor, Outdoor, and Fun activities at the institute. The participants of both the teams took the Fit India Pledge and got their certificates.



A view of National Sports Day Celebration at Homoeopathy Research Institute for Disabilities, Chennai

CELEBRATION OF INTERNATIONAL YEAR OF MILLETS 2023

Celebration of International Year of Millet 2023 at Clinical Research Unit (H), Puducherry

Puducherry: International Year of Millet 2023 was celebrated by Clinical Research Unit (H), Puducherry at the institute from July 2023 to September 2023. As a part of the program, several awareness campaigns were conducted at CRU(H), Puducherry and at its SCSP camp OPD.



An awareness programme on the benefits of millets conducted at the SCSP camp area, Sakthi Nagar, Puducherry, for the public, patients, and bystanders

International Year of Millet 2023 Celebration at Clinical Verification Unit(H), Patna

Patna: International Year of Millet 2023 was celebrated by the Clinical Verification Unit(H), Patna at the unit from July 2023 to September 2023.

The institute has undertaken different activities under the supervision of Officer-Incharge, Dr. K. K. Avinash in order to promote the use of Millets as a part of a healthy and diverse diet. The activities were led and conducted by Dr. Vibha Kumari, RO(H)/S-1. The months of July, August and September 2023 were the months of "Educational Programs" and "Awareness Programs" which was organized in the premises for the visitors in the OPD, staff of the Unit by Dr. Vibha Kumari, RO(H)/S-1. She briefed about the Millets – The pearl of Health and why everyone should include millets in their daily diet. She explained, that millets are packed with minerals like Iron, Calcium, Magnesium, etc. which help the body to fight anemia, improve bone health, lowers blood pressure, controls blood sugar level, help in weight loss, strengthen nervous system, support healthy hair, nail, skin, clears up toxin, promote digestion, prevents different lifestyle diseases and many more. Millets are cultivated in 131 countries of the world, out of which India is the main producer of millets. Millets are gaining popularity due to its numerous advantages on our physical and mental health, as well as its ease of cultivation and drought resistance and its benefits to soil as it retains back nitrogen and many more essential components of soil instead of damaging their quality of cultivation.



Dr. Vibha Kumari, RO(H) encouraging the OPD patients and attendants along with Staff of CVU(H), Patna in a lecture for use of millets in diet under the lecture series on "International Year of Millet"

International Year of Millet 2023 Organised by Regional Research Institute for Homoeopathy, Guwahati

Guwahati: International Year of Millet 2023 was organised by Regional Research Institute for Homoeopathy, Guwahati at the institute through different awareness programmes. The awareness programmes were held on 10th July, 14th July, 18th July and 25th July 2023 at the institute. Number of participants in the programmes were 20, 30, 26 and 22 patients respectively. The topics of discussion were health benefits and nutritional values of Millets. Response of the programme was quite remarkable.



A view of International Year of Millet 2023 at Regional Research Institute for Homoeopathy, Guwahati

Celebration of International Year of Millets 2023 at Regional Research Institute (H), Puri

Puri: Awareness programme on the use of millets in daily diet was conducted among the OPD patients at Regional Research Institute (H), Puri on 10th July 2023, 21st July 2023, 23rd August 2023 and 26th September 2023. Also, it was conducted for the students of Balagandi Govt. High School on 9th August 2023 and for the students of Biswambhar Govt. High School, Puri on 22nd September 2023. A health camp and awareness programme on the benefits and uses of Millets was conducted at Kandagoda, Brahmagiri, Puri on 30th August 2023.



“Awareness programme on benefits and uses of Millets” by Dr. Tanyusha Khandual, JRF(H) for the students of Biswambhar Govt. High School, Puri

Awareness Campaigns on International Year of Millets 2023 Conducted by Regional Research Institute for Homoeopathy, Siliguri

Siliguri: Awareness Campaigns on International Year of Millets 2023 were Conducted by the Regional Research Institute for Homoeopathy, Siliguri from 13th July 2023 to 30th September 2023. Various activities were undertaken during the campaign.

On 13th July 2023 at Sunrise School (H.S), Simulbari, more than 150 teachers and students were benefitted. On 15th July 2023 at RRI(H), Siliguri more than 100 patients were benefitted. On 20th July 2023 at Sarada Vidyamandir, Naxalbari, more than 160 teachers and students were benefitted. On 26th July 2023 at RRI(H), Siliguri, more than 100 patients were benefitted. On 31st July 2023 at RRI(H), Siliguri, more than 100 patients were benefitted. On 11th August 2023 at Sector headquarter, Shastra Seema Ball, Ranidanga, more than 100 SSB personnel were benefitted. On 26th August 2023 at Sector headquarter, Shastra Seema Ball, Ranidanga, more than 80 SSB personnel were benefitted.

On 31st August 2023 at Pelkujote Malnutrition Camp, Siliguri, more than 40 patients were benefitted. On 7th September 2023 at Pelkujote Primary School, more than 50 personnel were benefitted. On 12th September 2023 at SCSP Health camp, Kamargachh, Siliguri, more than 52 patients were benefitted. On 13th September 2023 at RRI(H), Siliguri Conference Room, more than 30 personnel were benefitted. On 14th September 2023 at RRI(H), Siliguri OPD, more than 123 patients were benefitted. On 18th September 2023 at RRI(H), Siliguri premises, more than 52 patients were benefitted. On 19th September 2023 at RRI(H), Siliguri Conference Room, more than 35 personnel were benefitted. On 20th September 2023 at RRI(H), Siliguri premises, more than 25 patients were benefitted. On 25th September 2023 at Poultry farm at Bagdogra, more than 10 population were benefitted. On 26th September 2023 at SCSP Health camp, Kamarhachh, more than 35 patients were benefitted. On 30th September 2023 at RRI(H), Siliguri premises, more than 51 patients were benefitted.



A view of Awareness Campaigns on International Year of Millets 2023 Conducted by Regional Research Institute for Homoeopathy, Siliguri

International Year of Millets Campaign Celebration at Central Research Institute of Homoeopathy, Jaipur

Jaipur: International Year of Millets Campaign was organized by Central Research Institute of Homoeopathy, Jaipur from 11th August 2023 to 27th August 2023 at the institute.

Under this campaign on 11th August 2023 'Bajre ki Roti' was prepared and importance of millets was explained by Dr. Nidhi Mahajan, R.O.(H)/S-2, OIC and Dr. Heema, SRF(H). On 27th August 2023 an awareness lecture was given by Dr. Devika Rathore, SRF(H) in the OPD of CRI(H), Jaipur explaining about the importance of including millets in everyone's diet. Total no. of beneficiaries were 95.



Importance of millets explained by Dr. Nidhi Mahajan, R.O.(H), S-2, OIC and Dr. Heema, SRF(H)

International Year of Millets Celebration at Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida

Noida: International Year of Millets was celebrated by Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida from 1st to 30th September 2023 at the institute. The institute conducted various awareness activities to sensitize the general masses regarding importance of millets for nutrition and motivate the people to include millets in their diet. Meals made from the nutritious cereals were served to the IPD patients at the hospital in the form of roti, khichdi, kheer, porridge etc. under this initiative to promote the use of millets for healthy living. A total of 10 awareness lectures were deliberated in and around the Hospital and outreach camps of villages Salarpur and Roza Yakubpur, Greater Noida. Activities like essay writing competition on Millets, Slogan writing competition and Poster making competition were organized for the staff of the institute.



A view of Celebration of international year of Millets 2023: Poster making competition on Millets

CELEBRATION OF HAR GHAR TIRANGA AND 77TH INDEPENDENCE DAY OF INDIA

Celebration of Har Ghar Tiranga Abhiyan and Independence Day at CCRH Headquarters and all its Units and Institutes

New Delhi: As per the instructions of Ministry of Ayush, New Delhi vide their OM dated 07.08.2023, CCRH Hqrs. & its subordinate institutes/units at different places have celebrated "Har Ghar Tiranga Abhiyan" from 13th to 15th August; 2023 and distributed National flag to the Officers & Members of Staff for hosting at their residence. In the CCRAS combined building, Dr. Subhash Kaushik, DG, CCRH & Dr. Anil Khurana, Chairman NCH, hosted the Indian National Flag on 15th August; 2023. A group photo of Officers & Staff of CCRH, New Delhi was taken on 15th August; 2023 holding the National Flag. Few officers/staff have also taken selfie with tricolor on website www.harghaartiranga.com.



A view of Independence Day Celebration at CCRH Hqrs.



A view of Har Ghar Tiranga Celebration at CCRH Hqrs.

Har Ghar Tiranga and 77th Independence Day Celebration at Clinical Research Unit (H), Puducherry

Puducherry: On 14th August 2023, Officers and staff of Clinical Research Unit (H), Puducherry celebrated "Har Ghar Tiranga" campaign under Azadi Ka Amrit Mahotsav at the institute. On 15th August 2023, 77th Independence Day celebrated at CRU (H), Puducherry. Theme for the Independence Day 2023 Celebration was "Nation First, Always First." Dr. D. Karthikeyan, Officer In charge, CRU (H), Puducherry hoisted the National Flag. Officers and staff of CRU (H), Puducherry enthusiastically participated and celebrated the Independence Day.



Dr. D. Karthikeyan, Officer In charge, CRU (H), Puducherry hoisting the National Flag at CRU(H), Puducherry

"Har Ghar Tiranga Campaign" under Azadi Ka Amrit Mahotsav, Conducted by Homoeopathy Research Institute for Disabilities, Chennai

Chennai: On 14th August 2023, as a part of the celebration of the "Har Ghar Tiranga Campaign" under Azadi Ka Amrit Mahotsav, all the staff of Homoeopathy Research Institute for Disabilities, Chennai, and Interns of

Homoeopathy Medical Colleges, Chennai, hoisted the Indian flag at their home as well at the institute, took selfies with the flag and uploaded in Har Ghar Tiranga website and got their certificates of participation in Har Ghar Tiranga campaign. Total Participants were 25.



“Har Ghar Tiranga Campaign” under Azadi Ka Amrit Mahotsav, conducted by HRID, Chennai

77th Independence Day Celebration at Central Research Institute of Homoeopathy, Jaipur

Jaipur: On the occasion of 15th August 2023, Central Research Institute of Homoeopathy, Jaipur celebrated the 77th Independence Day. After the flag hoisting ceremony, sweets were distributed to all the staff members.



A view of 77th Independence Day Celebration at CRI(H), Jaipur

Celebration of Independence Day at NIEPMD, Chennai

Chennai: All the staff of Homoeopathy Research Institute for Disabilities, Chennai, and Interns of Homoeopathy Medical Colleges, participated in the Indian Flag Hoisting Program, organized by NIEPMD, Chennai, on the occasion of Independence Day on 15th August 2023. The Indian flag was hoisted by Dr. Nachiketa Rout, Director, NIEPMD, Chennai.



Celebration of Independence Day at NIEPMD, Chennai

AWARENESS LECTURE SERIES ON “ROLE OF AYUSH IN MENTAL HEALTH AND STRESS MANAGEMENT THROUGH AYUSH”

Lecture Series on Mental Health & Stress management organized by Clinical Verification Unit(H), Patna

Patna: Lecture Series on Role of Ayush in Mental Health & Stress management under the ambit of AKAM 2.0 was organized by Clinical Verification Unit(H), Patna at the unit from May 2023 to 15th August 2023.

It was headed by Dr. Vibha Kumari, RO(H), who delivered lectures on different topics relating mental health at

the premises of the unit among the unit staff as well as the patients attending the O.P.D. The program was aimed at educating people on different mental health issues, which was beautifully carried by Dr. Vibha Kumari, RO(H) on different topics like - Stress, Stress at workplace, Anxiety disorder, Phobia & their emerging causes, consequences, management and how they can be aided with Homoeopathy. She explained about the inter-connection of body & mind and how mental deviation can be brought out on the physical plane. She emphasized the role of Ayush and Yoga in the management of mental health and stress. The series ended successfully with the maximum coverage of patients and staff benefiting with these informative lectures.



Dr. Vibha Kumari, RO(H) encouraging the OPD patients and attendants along with Staff of CVU(H), Patna in a lecture for Mental Health and Stress Management

Lectures on Management of Stress & Mental Health by AYUSH System of Medicine Conducted by Regional Research Institute (H), Puri

Puri: Awareness to the OPD patients on "Role of Ayush in Management of Mental Health and Stress" was conducted at Regional Research Institute (H), Puri on 10th July 2023, 19th July 2023, 25th July 2023, 26th July 2023 and 5th August 2023. Also, it was conducted among the students of Balagandi Govt. High School, Puri on 9th August 2023.



Lecture on "Role of Ayush in Management of Mental Health and Stress" to the OPD patients of RRI(H), Puri

Lecture on "Mental Health and Stress Management through Ayush" Conducted by Homoeopathy Research Institute for Disabilities, Chennai

Chennai: On 11th July 2023, as a part of the celebration of Azadi Ka Amrit Mahotsav 2. O, Homoeopathy Research Institute for Disabilities, Chennai, conducted a lecture on the theme of Mental Health and Stress Management through Ayush, for Intern students of NIEPMD, Chennai at the institute. Dr. Ad Mohiddeen, JRF(H) explained the importance and relationship between stress and the health of a person and how to tackle stress in rehabilitation professionals. He gave awareness about mental health management. Dr. Siva Prasad Goli, RO(H)/S2, explained the scope of Homoeopathy in treating Stress related issues. The session ended with a clarification of doubts raised by the students. Total Participants were 25.



Dr. Ad Mohiddeen, JRF(H), HRID, Chennai, giving an awareness lecture on "Mental Health and stress management through Ayush," for intern students of NIEPMD, Chennai

Awareness Campaigns on the theme of “Mental Health & Stress Management” under Azadi Ka Amrit Mahotsav 2.0 Conducted by Regional Research Institute for Homoeopathy, Siliguri

Siliguri: Awareness Campaigns on the theme of “Mental Health & Stress Management” under Azadi Ka Amrit Mahotsav 2.0 were Conducted by Regional Research Institute for Homoeopathy, Siliguri from 13th July 2023 to 11th August 2023.

On 13th July 2023 at Sunrise School (H.S), Simulbari, more than 150 teachers and students were benefitted. On 15th July 2023 at RRI(H), Siliguri more than 100 patients were benefitted. On 20th July 2023 at Sarada Vidyamandir, Naxalbari, more than 160 teachers and students were benefitted. On 31st July 2023 at RRI(H), Siliguri, more than 100 patients were benefitted. On 3rd August 2023 an awareness programme was organised by RRI(H), Siliguri in association with Art of Living Ashram, Chhotapathuramjote, Siliguri under the topic of how breathing can control mental stress. All the officers and staff of RRI(H), Siliguri actively participated in the session. On 10th August 2023 a training programme was arranged by RRI(H), Siliguri.

On 11th August 2023 as per direction from the Ministry of Ayush & CCRH, RRI (H), Siliguri organized a special lecture on stress and its AYUSH management under Azadi Ka Amrit Mahotsav 2.0 on the theme of “Mental Health & Stress Management” under the ambit of AKAM 2.0 at Sector HQ, SSB Camp, Ranidanga, Siliguri. Dr. Ranjit Sonny, RO(H), Dr. Sayani Ghosh, SRF(H), and Shri Tinku Shaw, Yoga Instructor actively delivered a lecture on Stress and its Ayush Management.



A view of Awareness Campaigns on the theme of “Mental Health & Stress Management” under Azadi Ka Amrit Mahotsav 2.0 Conducted by Regional Research Institute for Homoeopathy, Siliguri

CELEBRATION OF RASHTRIYA POSHAN MAAH-2023/ POSHAN PAKHWADA

Rashtriya Poshan Maah 2023 Celebration at Clinical Research Unit (H), Puducherry

Puducherry: As a part of Rashtriya Poshan Maah 2023, from July 2023 to September 2023 Clinical Research Unit (H), Puducherry organised awareness lectures on ‘Role of Millets in prevention/management of ‘life style diseases’, Anaemia and its general preventive measures and role of Millets in particular to OPD patients and bystanders at the institute and at SCSP camp OPD located at Pitchaveeranpet, Sakthi Nagar and Sathya Nagar of Puducherry and ‘Poshan Vatika’. A plantation drive focusing on Medicinal plants, was also carried out by CRU (H), Puducherry, as a part of the “Rashtriya Poshan Maah 2023” celebration.



Officer and Staff of CRU(H), Puducherry actively participating in the plantation drive as a part of ‘Rashtriya Poshan Maah’ celebration at CRU(H), Puducherry

Rashtriya Poshan Maah Conducted by Regional Research Institute for Homoeopathy, Guwahati

Guwahati: Rashtriya Poshan Maah Conducted by Regional Research Institute for Homoeopathy, Guwahati from 1st to 30th September 2023 at the institute. Following activities were undertaken as per the identified themes like Awareness session on health dietary practices, Awareness campaign on lifestyle on role of millets, Awareness session on breastfeeding and complementary feeding, Sensitisation activity promoting AYUSH lifestyle practices for health promotion, Session on role of Ayush to address Anemia, Awareness session on the role of traditional and regional nutritious food health promotion where different activities were conducted by doctors at OPD, RRI(H), Guwahati, Camps, nearby schools.



A view of Rashtriya Poshan Maah Conducted by Regional Research Institute for Homoeopathy, Guwahati

Rashtriya Poshan Maah Organised by Regional Research Institute of Homoeopathy, Hyderabad

Hyderabad: Rashtriya Poshan Maah was Organised by Regional Research Institute of Homoeopathy, Hyderabad at the institute from 1st September 2023 to 30th September 2023.

Following events were conducted by the institute during the Rashtriya Poshan Maah: from 11th September 2023 to 16th September 2023, general sensitization and awareness campaign among the OPD patients, individualized counseling on nutritional home-made millet diet. It was conducted by the doctors of RRI (H), Hyderabad. Total 300 participants were benefitted. On 21st September 2023, doctors of the institute conducted a lecture for OPD patients with special focus on elderly, women and children to create awareness about “millets and their nutritional benefits for healthy lifestyle” at the institute. Total 151 participants were benefitted. On 23rd September 2023, doctors launched a campaign in the campus on “Test and Treat Anemia” for all the staff of the institute. All employees were tested for hemoglobin levels and advised for proper treatment and counseling to overcome anemia. Total 27 participants were benefitted. On 29th September 2023, doctors of the institute launched a campaign on “Talk, Test and Treat Anemia” at the campus for all the OPD patients of the institute. All OPD patients were tested for hemoglobin levels and advised appropriate treatment and counseling to overcome anemia. Total 68 participants were benefitted.



A view of Rashtriya Poshan Maah celebration at Regional Research Institute of Homoeopathy, Hyderabad

Rashtriya Poshan Maah Organized by Central Research Institute of Homoeopathy, Jaipur

Jaipur: Rashtriya Poshan Maah was organized by Central Research Institute of Homoeopathy, Jaipur from 1st September 2023 to 30th September 2023 at the institute.

Under this campaign, awareness was spread on lifestyle changes for prevention of lifestyle diseases and role of millets in the same by Dr. Mohan Lal Chopra, SRF(H) on 8th September 2023 at the OPD of CRI(H), Jaipur. Number of participants were 50. Sensitisation activity promoting Ayush lifestyle practices for health promotion was taken by Dr. Anuradha Singh, SRF(H) at the OPD of CRI(H), Jaipur on 15th September 2023 and on 22nd September 2023 sensitisation on Ayush measures for anaemia was done. Number of participants were 45 and 55 respectively. A webinar was conducted on the "Role of traditional and regional nutritious food health promotion" by Dr. Heema, SRF(H) on 16th September 2023 and on the "Role of Ayush to address anaemia" on 23rd September 2023. Total number of beneficiaries were 35 and 32 respectively. Plantation drive promoting Poshan Vatika while focusing on medicinal plants was conducted at the periphery of CRI(H), Jaipur by Sunita Gurjar, Lab. Assistant and Rakesh, Gardener on 22nd September 2023. At the end, awareness was spread on healthy dietary practice by Dr. Ashish Mahajan, R.O.(H)/ S-2 on 26th September 2023 to all the staff of CRI(H), Jaipur. Total number of beneficiaries were 30.



Talk on millets taken by Dr. Mohan Lal Chopra, SRF (H)

Rashtriya Poshan Maah Conducted by Clinical Verification Unit(H), Patna

Patna: Rashtriya Poshan Maah was conducted by Clinical Verification Unit(H), Patna from 1st to 30th September 2023 at the unit. The unit has undertaken different activities under the supervision of Officer-Incharge, Dr. K. K. Avinash. The activities were performed with the collaboration of Officer-Incharge and staff of the Unit by Dr. Bal Shashi Sinha, Homoeopathic consultant; Dr. Manila Kumari, SRF(H); Amanjee, Laboratory Technician who delivered lectures on different topics relating to the themes provided by CCRH, on different dates at the premises of unit among the unit staff as well as the patients attending the OPD, and at different Anganwadi centres. Doctors visited the Anganwadi centres to encourage and sensitize Sevikas for providing better diet by addition of millets to the children's diet and they also did the physical examination of children, and few exercises were taught to them. The objective was to comprehensively tackle malnutrition through a life-cycle approach, to cultivate widespread awareness concerning critical human life stages: pregnancy, infancy, childhood, and adolescence. This event witnessed concentrated efforts to enhance ground-level nutritional awareness through campaigns focusing on key themes around Exclusive Breastfeeding and Complementary Feeding; Adopting sustainable food systems and by promoting Millets and Poshan Vatikas; Adopting healthy lifestyles through Ayush practices like Yoga, Local foods etc; and also on theme Test, Treat, Talk Anaemia. Under these themes different activities were performed like – awareness campaign on healthy lifestyle practices, plantation drive promoting Poshan Vatika while focusing on medicinal plants, workshop in Anganwaadi centres. Through an array of diverse activities, Poshan Maah 2023 aims to amplify community involvement on a large scale.



Dr. K. K. Avinash, Officer In charge encouraging the OPD patients and attendants along with Staff of CVU(H), Patna in a lecture for Rashtriya Poshan Maah

Rashtriya Poshan Maah 2023 Organised by Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida

Noida: Rashtriya Poshan Maah 2023 was organised by Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida from 1st to 30th September 2023 at the institute.

The theme of the Poshan Maah 2023 was “Suposhit Bharat, Sakshar Bharat, Shashakt Bharat” which translates to well-nourished India, educated India and empowered India. Under this program, various awareness activities were conducted by the institute for the patients attending the OPD, general public and villagers at nearby villages of the institute. Under this initiative, children at the Anganwadi were made aware of the nutritional value of green leafy vegetables and fruits and Anganwadi workers were sensitized about nutritional value of millets. Yoga camps were conducted for students at Composite School Salarpur and Prathmik Vidhyalaya, Roza Yakubpur to motivate students to practice yoga for healthy living and inculcate it in daily routine. Poster making competition was organized for students of Swami Vivekananda Shiksha Niketan on the theme “Shishu ka Purak Aahar” and they were educated about the preventive and treatment modalities of anemia including nutrition and sources of iron.

A webinar was organized for college students on the theme “Role of Ayush to address anemia’ with speakers from different streams of Ayush namely Homoeopathy, Ayurveda, Yoga & Naturopathy. A talk, test and treat anemia campaign was also conducted at Primary school Salarpur where students were examined for signs of anemia along with homoeopathic consultation. Around 2660 patients visited the institute and 289 students were benefitted under the program.



A view of Talk, test and treat anemia campaign at Primary school Salarpur



A view of Yoga Camp at Composite School Salarpur

Rashtriya Poshan Maah 2023 Organised by Regional Research Institute for Homoeopathy, Siliguri

Siliguri: Rashtriya Poshan Maah 2023 was organised by Regional Research Institute for Homoeopathy, Siliguri from 7th September 2023 to 30th September 2023.

On 7th September 2023 at Pelkujote Primary School, more than 50 personnel were benefitted. On 12th September 2023 at SCSP Health camp, Kamargachh, Siliguri, more than 52 patients were benefitted. On 13th September 2023 at RRI(H), Siliguri Conference Room, more than 30 personnel were benefitted. On 14th September 2023 at RRI(H), Siliguri OPD, more than 123 patients were benefitted. On 18th September 2023 at RRI(H), Siliguri premises, more than 52 patients were benefitted. On 19th September 2023 at RRI(H), Siliguri Conference Room, more than 35 personnel were benefitted. On 20th September 2023 at RRI(H), Siliguri premises, more than 25 patients were benefitted. A tree plantation drive organized at the campus of RRI(H), Siliguri, under Poshan Maah 2023 on 20th September 2023. On 25th September 2023 at Poultry farm at Bagdogra, more than 10 population were benefitted. On 26th September 2023 at SCSP Health camp, Kamargachh, more than 35 patients were benefitted. On 30th September 2023 at RRI(H), Siliguri premises, more than 51 patients were benefitted. All the campaigns were conducted through different kinds of activities i.e. Healthy dietary practices and



A view of Rashtriya Poshan Maah 2023 Organised by Regional Research Institute for Homoeopathy, Siliguri

yoga, Adopting Sustainable food systems by promoting Millet and Poshan Vatikas, Adopting healthy lifestyles through Ayush practices like yoga, nutritional food etc., Yoga for Healthy/Ayush for well-being, Webinar on the role of Traditional & Regional Nutritious food Health Promotion with collaboration with SSB, SHQR, Ranidanga, Plantation drive promoting Poshan Vatikas while focusing on medicinal plants, Camp on retrofitting Poshan Vatikas with backyard poultry farm, Test, Treat, Talk Anaemia and Five minutes Yoga Protocol session in AWC of Chhotapathuramjote etc.

Rastriya Poshan Maah 2023 Celebration at Regional Research Institute (H), Puri

Puri: Rastriya Poshan Maah 2023 was Celebrated by the Regional Research Institute (H), Puri at the institute. An awareness programme on nutrition with special focus on the use of millets among OPD patients was conducted by Dr. A. K. Prusty, R.O(H)/S-3 on 8th September 2023. A live programme on Yoga for Health was conducted among the officers and staff of the Institute on 13th September 2023. Test, Treat, Talk Anemia awareness programme among the school students of Biswambhar Bidyapitha, Puri was conducted on 22nd September 2023. An awareness programme about Exclusive Breastfeeding and Complementary Feeding among the OPD patients of the institute was conducted on 26th September 2023.



Awareness talk on Nutritional Anemia to the students of Biswamber Bidyapitha, Puri by Dr. Monalisa Das, JRF of RRI (H), Puri

CELEBRATION OF SWACHHATA HI SEWA CAMPAIGN

Homoeopathy Research Institute for Disabilities, Chennai Conducted "Swachhata Shapath"

Chennai: On 26th September 2023, as a part of Swachhata Hi Seva campaign 2023, the Homoeopathy Research Institute for Disabilities, Chennai, conducted "Swachhata Shapath" program at the institute. Swachhata Shapath pledge taken by officers and staff of HRID, Chennai at the institute.



A view of Swachhata Shapath pledge taken by officers and staff of HRID, Chennai at the institute

Celebration of Swachhata Hi Seva at Regional Research Institute (H), Puri

Puri: Awareness programme on Swachhata Hi Seva was conducted among the doctors & staff of Regional Research Institute (H), Puri on 27th September 2023. Swachhata Hi Seva pledge was taken by all the staff of the institute on this day.



Swachhata Hi Seva pledge taken by all the officers and staff of RRI(H), Puri

Swachhata Hi Sewa Campaign Organised by Clinical Verification Unit(H), Patna

Patna: Swachhata Hi Sewa Campaign was organised by Clinical Verification Unit(H), Patna on 27th September 2023 at the unit under the supervision of Officer-Incharge, Dr. K. K. Avinash. Pledge taking ceremony was held on 27th September 2023 among staff. The activities of cleanliness were performed at different sites like- river bank side; government school. Theme of the campaign was "Garbage free India". People were made aware about the household waste disposal, bio-degradable & non-biodegradable waste and importance of cleaning the surrounding to stay healthy.



Unit members on "Swachhata Hi Sewa" Cleaning the River bank of Ganga organised by CVU(H), Patna

Homoeopathy Research Institute for Disabilities, Chennai Conducted "Swachhata Rally"

Chennai: On 29th September 2023, as a part of the Swachhata Hi Sewa Campaign 2023, the Homoeopathy Research Institute for Disabilities, Chennai conducted a "Swachhata Rally" at ECR, NIEPMD Campus, Chennai.

The "Swachhata Rally" was led by Dr. Siva Prasad Goli, RO(H)/ S-2, Officer In Charge and followed by the officers and staff of HRID, Chennai. To reach the public, catchy slogans like "Cleanliness is next to Godliness", "A clean place is a safe place" was chanted.

Following placards were displayed during the rally: Go Green -

Clean City, Clean India, Green World; To get a clean and healthy nation - Say NO to open defecation; Let's make the right choice and use dustbin; How to sanitise your hands; Keep nails short and trim them often, avoid biting or chewing nails; and Cleanliness is next to Godliness.



A view of Officers and staffs of HRID, Chennai conducting Swachhata Rally

PHARMACOVIGILANCE

Pharmacovigilance Program

Central Council for Research in Homoeopathy under AOGUSY Scheme of the Ministry of Ayush has 9 functional Peripheral Pharmacovigilance Centres (PPvCs) namely Dr. D P Rastogi Central Research Institute for Homoeopathy, Noida; Regional Research Institute for Homoeopathy, Gudivada; Dr. Anjali Chatterjee Regional Research Institute for Homoeopathy, Kolkata; National Homoeopathy Research Institute of Mental Health, Kottayam; Regional Research Institute for Homoeopathy, Mumbai; Regional Research Institute for Homoeopathy, Guwahati; Regional Research Institute for Homoeopathy, Agartala and Clinical Research Unit for Homoeopathy, Port Blair. Total 3 Adverse Drug Reactions (ADRs) / Adverse Drug Events (ADEs) along with 58 Misleading Advertisements were reported during July 2023 - September 2023 and appropriate actions were taken. Regular distribution of pamphlets along with other IEC materials to the patients was carried out to sensitize them about pharmacovigilance program. The Induction/Training Programs/ Workshops, Awareness Programmes, Webinars etc. for Pharmacovigilance of ASU & H drugs conducted by All India Institute of Ayurveda, National Pharmacovigilance Centre are regularly attended by the coordinators of Pharmacovigilance Programme at PPvCs.

The reports from RRI(H) Imphal were not included due to curfew and closure of the unit.

MISCELLANEOUS

Central Research Institute (H), Jaipur Awarded NABH AYUSH Entry Level Certificate

New Delhi: The Central Research Institute (H), Jaipur, was awarded the NABH AYUSH Entry level certificate in a function held at Council's Hqrs. Auditorium, New Delhi on 3rd July 2023.

Dr. Atul Mohan Kochhar, Chief Executive Officer, NABH, and Dr. Punam Bajaj, Director, NABH, graced the occasion. Dr. Subhash Kaushik, Director General, CCRH welcomed the esteemed guests. Dr. Sunil S. Ramteke, Deputy Director General, CCRH and Mr. Sudhir Kumar, Assistant Director (Admin.), the Research Officers of the CCRH Hqrs., Officer In-charges of all Institutes/Units of CCRH and the staff of CRI(H), Jaipur attended the event. Dr. Kaushik addressed the gathering and motivated all units to improve the quality of patient care and ensure patient safety to get NABH accreditation/certification. He also mentioned that CRI(H), Jaipur has become the first Institute under CCRH to get the NABH Ayush Entry level certification.

Dr. Kaushik along with Dr. Nidhi Mahajan, Officer In-charge & NABH coordinator, CRI(H), Jaipur received the NABH AYUSH Entry level certificate from Dr. Kochhar. Later, team Jaipur consisting of Dr. Ashish Mahajan, R.O.(H)/S-2; Dr. Pratibha Shivhare, R.O.(H)/S-1; Dr. Mohan Lal Chopra, SRF (H); Mr. R.K. Saxena, Lab.Tech.; Mr. Arun Kumar, LDC; Mr. Mohit Hooda, LDC; Mr. Sunil Kumar Sharma, DEO; and Mr. Kaptan, DEO also joined.

Dr. Nidhi Mahajan extended her gratitude to Dr. Subhash Kaushik, Director General, CCRH, Dr. Sunil S. Ramteke, DDG, CCRH, Mr. Sudhir Kumar, AD (Admin), CCRH, Dr. Chetna Deep Lamba, NABH Coordinator, Dr. Renu Mittal, Nodal Officer, CRI(H), Jaipur, Dr. Ashwani, SRF (H), Dr. Sunmeet Kaur, SRF (H), Mr. Arun Kumar, LDC, Mr. Das, Accounts Officer, Mr. R. K. Dua, Consultant, Mr. Mukesh Bhatia, UDC, Mr. Shakeel, Consultant, Mr. Dinesh, Consultant and Estate Manager, Mr. Ved Prakash Meena, LDC, Mr. Ramesh, Consultant, Mr. Naresh, Mr. Amarjit, PA to DG, Mr. Narender, DG office, and all staff of CRI(H), Jaipur for making this historical event possible. A valedictory speech was given by Dr. Chetna Deep Lamba wherein she thanked everyone present.



A view of NABH AYUSH Entry-level certification of Central Research Institute (H), Jaipur

Fire Mock Drill Conducted by Homoeopathy Research Institute for Disabilities, Chennai

Chennai: On 26th July 2023, Homoeopathy Research Institute for Disabilities, Chennai organized a Fire Mock Drill with the help of the Fire department, Siruseri, Govt. of Tamil Nadu at NIEPMD Campus, Chennai. Dr. Siva Prasad Goli, RO (H)/S2, Officer In-charge, HRID, Chennai, welcomed the gathering with a welcome address. The program was inaugurated by the chief guest, Dr. Nachiketa Rout, Director, NIEPMD, with his motivated inaugural address and released a trilingual (Hindi, English, and Tamil) brochure on Fire Safety Measures, prepared by team HRID, Chennai. The fire mock drill was conducted by Mr. Durai Raj, Fire Officer, Siruseri fire station, with his team, and practically explained all the measures to be taken in fire safety and rescue operations. All the staff participated actively during the mock drill. Mr. Durai Raj, fire officer, was felicitated with shawl by the Staff of HRID, Chennai, and conveyed thanks.



Dr. Nachiketa Rout, Director, NIEPMD, releasing a trilingual (Hindi, English and Tamil) brochure on Fire Safety Measures, prepared by team HRID, Chennai during fire mock drill conducted by HRID, Chennai



Dr. Ann Marcina, SRF(H), HRID, participating in fire mock drill conducted by HRID, Chennai

Celebration of Munshi Premchand Jayanti at Regional Research Institute for Homoeopathy, Siliguri

Siliguri: The birth anniversary of the great literatureur Munshi Premchand was organized under the aegis of Narakas, Siliguri on 31st July 2023 at Regional Research Institute for Homoeopathy, Siliguri. Official language officers, translators, Hindi assistants, other employees etc. of various offices participated in this programme. The programme was presided over by the Regional Research Institute for Homoeopathy, Siliguri. Shri Amritraj Thapa praised the organization of such a program and urged all the member offices to come forward for the operation of Narakas.



A view of Celebration of Munshi Premchand Jayanti at Regional Research Institute for Homoeopathy, Siliguri

The program started with garlanding the image of Munshi Premchand. Thereafter, Dr. Gurudev Choubey, Officer-in-Charge, gave the welcome speech. Shri Amritraj Thapa told some important things about Premchand and highlighted the appropriateness of his stories in the present context. Along with this, Shri Kamleswari Kumar mentioned about the Biography of Premchand. In this programme, video versions of Munshi Premchand's two famous stories "Poos Ki Raat" and "Eidgah" were presented. Dr. Ranjit Sonny, Hindi in-charge, RO(H)/S-2 threw light on the contribution of Premchand in the revival of Hindi language. The program was conducted by Ms. Alka Chaudhury, Hindi Assistant. The thanks speech was given by Dr. Baidurjya Bhattacharjee, RO(H)/ S-1.

Birthday Celebration of Shri Maithili Sharan Gupt at Regional Research Institute for Homoeopathy, Siliguri

Siliguri: Birthday of Shri Maithili Sharan Gupt was celebrated on 5th August 2023 in the conference hall of Regional Research Institute for Homoeopathy, Siliguri. All the Officers and staff actively participated and celebrated the occasion.



A view of Birthday Celebration of Shri Maithili Sharan Gupt at Regional Research Institute for Homoeopathy, Siliguri

Free Health Camp on Birthday of Late Debendra Kumar Das, Donor of G. B. Road Building, Regional Research Institute (H), Puri

Puri: On 3rd September 2023, a free health camp was conducted at Beldal village, Puri on the occasion of the birthday of Late Debendra Kumar Das, Donor of G. B. Road Building, Regional Research Institute (H), Puri.



Free Health Camp at Beldal village, Puri by RRI(H), Puri

SUPERANNUATION

- Sh. Rejimon P. V., Laboratory Attendant, National Homoeopathy Research Institute in Mental Health, Kottayam superannuated on 31st July 2023.
- Sh. K. Subba Rao, Peon, Regional Research Institute (H), Gudivada superannuated on 31st July 2023.
- Sh. B. C. Jena, Laboratory Attendant, Regional Research Institute (H), Puri superannuated on 31st August 2023.
- Sh. Somranjan Mohanty, Upper Division Clerk, Regional Research Institute (H), Puri superannuated on 30th September 2023.

The Council wishes them a healthy and happy post-retirement life.